

KAHER Bank 26/10

26/9/2024

SHRI. B.M. KANKANAWADI AYURVEDA MAHAVIDYALAYA
 A Constituent Unit of KAHER (Deemed-to-be-University)
 Re-Accredited 'A+' Grade by NAAC (3rd Cycle) III, Placed in Category 'A' by MHRD (GoI)
 Shahapur, BELAGAVI-590003 KARNATAKA

DEPT OF SWASTHAVRITTA

KLE-BMK/SWAST/2024-25/

Date: -09-2024

Unitized syllabus for II BAMS 2021 batch for the Month of OCTOBER 2024

THEORY TOPICS OCTOBER-2024

Sl. No	DATE	DAY	Time	TOPIC	TL method	Alignment with		Mile rs pytra mid D/SH/ KH/K	Blooms level	Pedagogical approaches	STAFF	
						CO	PO					
T ₁₈₃	1/10/2024	TUE	9-10AM	Non-lecture Hour Define demography and enlist the sources of demographic statistics in India. Describe the demographic cycle & define life expectancy.	L & PP T	CO4, CO5, CO6	PO2, PO5, PO8	K	Level 2	Lecture based TL/ Game based L	Dr. AMP	
T ₁₈₄	5/10/2024	SAT	10-11AM	Define family planning, eligible couple and target couple. Enlist & explain the objectives of family planning.	L & PP T	CO2, CO4, CO6	PO2, PO3, PO5	K	Level 1	Lecture based TL	Dr.SSS	
T ₁₈₅	7/10/2024	MON	10-11AM	Non-lecture hour Explain the problems of population explosion and describe national population policy.	DIS	CO2, CO4, CO6	PO2, PO3, PO5	K	Level 2	Game based L	Dr.SST	
T ₁₈₆	8/10/2024	TUE	9-10AM	Classify and describe the Contraceptivemethods (Fertility Regulating Methods).	L_VC	CO2, CO4, CO6	PO2, PO3, PO5	K	Level 2	Lecture based TL	Dr. AMP	
T ₁₈₇	9/10/2024	WED	2-3 PM	Enlist the health problems of the aged and explain their prevention and control measures. Explain the relation between lifestyle and healthy aging.	DIS	CO8	PO9	K	Level 2	Lecture based TL	Dr. SIDHI	
T ₁₈₈	14/10/2024	MON	10-11AM	7 th Periodical Assessment								Dr.SST

T ₁₈₉	15/10/2024	TUE	9-10AM	Non-lecture hour Describe the role of rasayana in preventive geriatrics.	L & PP T, W	CO8	PO9	K	Level 2	Inquiry based L	Dr. AMP							
T ₁₉₀	16/10/2024	WED	2-3 PM	Define and describe the structure, regions, and works of the World Health Organization	L&G D	CO4	PO2, PO5	K	Level 1 & 2	Lecture based TL	Dr. SUMA							
T ₁₉₁	17/10/2024	THURS	3-4 PM	Remedial class						Peer teaching	Dr. SIDHI							
T ₁₉₂	19/10/2024	SAT	10-11AM								Non-lecture hour Describe the contribution of the world health organization to the global acceptance of Ayurveda	L&G D	CO4	PO2, PO5	KH	Level 2	Lecture based TL	Dr. SSS
T ₁₉₃	21/10/2024	MON	10-11AM								Describe the functions of various international health agencies - United Nations health agencies	L&G D	CO4	PO2, PO5	KH	Level 2	Lecture based TL	Dr. SST
T ₁₉₄	22/10/2024	TUE	9-10AM	Self-study							Dr. AMP							
T ₁₉₅	26/10/2024	SAT	10-11AM								Describe the functions of various bilateral health agencies, and Non-Governmental agencies	L&G D	CO4	PO2, PO5	KH	Level 2	Lecture based TL	Dr. SSS
T ₁₉₆	28/10/2024	MON	10-11AM								Non-lecture hour Define Vital Statistics. Enumerate the sources of Vital statistics.	DIS	CO4, CO8	PO2, PO5, PO9	SH	Level 2	Game based L	Dr. SST
T ₁₉₇	29/10/2024	TUE	9-10AM								Describe Fertility, Morbidity and Mortality rates. Understanding of Registration of Birth and Death Act, 1969	L&G D	CO1, CO4, CO8	PO2, PO5, PO9, PO1, PO4, PO6	SH, KH	Level 2	Lecture based TL	Dr. AMP
T ₁₉₈	30/10/2024	WED	2-3 PM								Non-lecture hour Describe the health administration including AYUSH at the Central levels	L&G D	CO4, CO8	PO2, PO5, PO9		Level 2	Group TL	Dr. SIDHI
PRACTICAL TOPICS																		
BATCH C																		
SL. No	DATE	DAY	TIME	TOPIC	TL method	Alignment with		Millers pyramid D/SH/	Bloom level		STAFF							
						CO	PO											

P242	1/10/2024	TUE	11-1 PM	Document the maintenance of various equipment and appliances used in the kitchen/ diet section of the hospital such as cooking gas, pressure cooker, mixer-grinder, microwave oven, refrigerator	PL	CO8	PO9	D	Level 3	Group TL	Dr SST
P243	3/10/2024	THU	11-1PM	Assess various Anthropometric variables like Weight, height, and BMI (including differentiation between Sara) and Mid-arm Circumference in order to assess the state of nutrition.	PSM	CO8	PO9	D	Level 2	Kinesth etic L	Dr SIDHI
P244	4/10/2024	FRI	11-1PM	Demonstrate communication methods for health education.	DIS, W	CO8	PO9	SH	Level 3	Group TL	Dr SUMA
P245	5/10/2024	SAT	11-1PM	Demonstrate/present different health education materials (dinaacharya practices, sadvritta practices, family planning methods, breast feeding techniques, environmental hygiene, preventive and control measures of communicable and non -communicable diseases etc.) to the target population in the community.	DIS, TPW, RP	CO8	PO9	SH	Level 3	Kinesth etic L	Dr AMP
P246	7/10/2024	MON	11-1PM	Collect the demographic profile of allotted 2 subjects/Individuals (one from the community and one from employees of the college/hospital) and conduct clinical examination (Assess Prakriti, Sattva, Saara, etc.)	IBL	CO2,CO6, CO 7,CO8	PO3,PO2,PO5 ,PO3,PO4,PO 9	D	Level 4	Inquiry based L	Dr SUMA
P247	8/10/2024	TUE	11-1PM	Conduct periodic check-ups for allotted individual/employer (2) health status / occupational health status and if any treatment is prescribed then coordinate the treatment under the overall guidance of the Mentor	PT	CO2,CO6, CO 7,CO8	PO3,PO2,PO5 ,PO3,PO4,PO 9	D	Level 4	Group TL	Dr SST
P248	9/10/2024	WED	11-1PM	Counsel the adopted individuals/employer (2) and analyze the health trajectory(individual following the prescribed regimen) of the adopted individual/employer under the overall guidance of the mentor	PT	CO2,CO6, CO 7,CO8	PO3,PO2,PO5 ,PO3,PO4,PO 9	D	Level 3	Group TL	Dr SSS
P249	10/10/2024	THU	11-1PM	Document the maintenance of water sanitation, waste disposal, food hygiene, etc., in the hospital canteen/patlya section/catereria	Pr:BL	CO2,CO6, CO 7,CO8	PO3,PO2,PO5 ,PO3,PO4,PO 9	KH	Level 2	Proble m based L	Dr SIDHI
BATCH B											
P250	14/10/2024	MON	11-1PM	Collect the demographic profile of allotted 2 subjects/Individuals (one from the community and one from employees of the college/hospital)	IBL	CO2,CO6, CO 7,CO8	PO3,PO2,PO5 ,PO3,PO4,PO 9	D	Level 4	Inquiry based L	Dr SUMA

P251	15/10/2024	TUE	11-1PM	and conduct clinical examination (Assess Prakeriti, Sattva, Saara, etc.)	PT	CO2,CO6, CO7,CO8	PO3,PO2,PO5 ,PO3,PO4,PO9	D	Level 4	Group TL	Dr SST									
P252	16/10/2024	WED	11-1PM	Counsel the adopted individual/employer (2) and analyze the health trajectory(individual following the prescribed regimen) of the adopted individual/employer under the overall guidance of the mentor	PT	CO2,CO6, CO7,CO8	PO3,PO2,PO5 ,PO3,PO4,PO9	D	Level 3	Group TL	Dr SSS									
P253	17/10/2024	THU	11-1PM	Document the maintenance of water sanitation, waste disposal, food hygiene, etc., in the hospital canteen/ pathya section/cafeteria	PtBL	CO2,CO6, CO7,CO8	PO3,PO2,PO5 ,PO3,PO4,PO9	KH	Level 2	Problem based L	Dr SIDHI									
P254	18/10/2024	FRI	11-1PM	Plan a dietary menu for any one individual according to prakriti, agni, Sara, sattva, age, sex, occupation/ activity, and season based on the regional food habits with serving sizes with different food exchange/options.	IBL	CO8	PO9	D	Level 3,4	Inquiry based L	Dr SUMA									
P255	19/10/2024	SAT	11-1PM	Assess various Anthropometric variables like Weight, height, and BMI (including differentiation between Sara) and Mid-arm Circumference in order to assess the state of nutrition	PSM	CO8	PO9	D	Level 4	Kinesthetic L	Dr AMP									

YOGA MODULE

P256	21/10/2024	MON	7-9 AM	Perform four Standing Postures namely - Ardhakatchakrasana, Padahastasana, Ardhabhaktasana, and Trikonasana step by step with Sthiti, main procedure, and vishrama. Perform seven Supine Postures namely - Pavanamuktasana, Sarvangasana, Matsyasana, Halasana, Chakrasana, Shavasana, and Setubandhasana step by step with Sthiti, main procedure and visrama	KL, DOPS	CO3	PO1, PO4	SH	Level 3	Kinesthetic L	Dr. SUMA Mrs. Rashmi, Dr Pooja, Dr Swasthik, Dr Subhrajyothi, Dr Aastha
P257	22/10/2024	TUE	7-9 AM	Perform eleven Sitting Postures namely - Swasthikasana, Gomukhasana, Padmasana, Vajrasana, Bhadrasana, Shashankasana, Ushtrasana, Pashchimottanasana, Suplavajrasana,	KL, DOPS	CO3	PO1, PO4	SH	Level 3	Kinesthetic L	Dr. SSS Mrs. Rashmi, Dr Alok,

BATCH A

																				Rashmi, Dr Naveen, Dr Padmaveer, Dr Subhrajyothi, Dr Sushma
P262	28/10/2024	MON	11-1PM	Demonstrate/present different health education materials (dinacharya practices, sadvritiapractices,family planning methods, breast feeding techniques, environmental hygiene, preventive and control measures of communicable and non - communicable diseases etc.) to the target population in the community.	DIS,T PW,R,P	CO5	PO8	SH	Level 3	Kinesth etic L	Dr SUMA									
P263	29/10/2024	TUE	11-1PM	Collect the demographic profile of allotted 2 subjects/Individuals (one from the community and one from employees of the college/hospital) and conduct clinical examination (Assess Prakriti, Sattva, Saara, etc.)	IBL	CO2,CO6, CO 7,CO8	PO3,PO2,PO5 ,PO3,PO4,PO9	D	Level 4	Inquiry based L	Dr SST									
P264	30/10/2024	WED	11-1PM	Conduct periodic check-ups for allotted individual/employer (2) health status / occupational health status and if any treatment is prescribed then coordinate the treatment under the overall guidance of the Mentor	PT	CO2,CO6, CO 7,CO8	PO3,PO2,PO5 ,PO3,PO4,PO9	D	Level 4	Group TL	Dr SSS									

Class Distribution

NAME OF FACULTY		NUMBER OF CLASSES	
		LH - Theory	NLH
			Practical
Dr. Ashok Patil		3	2
Dr. Sanjeev Tonni		2	3
		2	5

Dr. Sandeep Sagare	2	1	4
Dr. Sidhi	2	1	5
Dr. Suma	1	0	6
Mrs. Rashmi	0	0	6
Total	9	6	29


HGD


UG Dean


Principal

PRINCIPAL
Shri B. M. Kankawadi
Ayurved Mahavidyalaya
A Constituent Unit of KAHER
Shahapur, BELAGAVI-03.