

**SHRI B.M.KANKANAWADI AYURVEDA MAHAVIDYALAYA, BELAGAVI**


First Profession BAMS – 2022-23 Batch

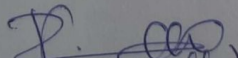
**TIME TABLE**


(w/e from 23/11/2023)

DAY & TIME	9-10AM	10-11AM	11-12PM	12-1PM	1-2PM	2-3PM	3-4PM	4-5PM
MON	KS (P) – Dr. VSG		RS - L Dr. SDW	KS – L Dr.VSG	L  U  N  C  H	SA I - L	LIBRARY	RECREATIO NAL/SELF STUDY
	RS (P) – Dr. PT					Dr.PBH		
TUE	KS (P) – Dr. US		SN & AI - L Dr.PRG	KS – L Dr.KSS		PV - NL	SN & AI - P	SA I - NL
	RS (P) – Dr. SDW					Dr.PBH		
WED	KS (P) – Dr.KSS		SA I - L Dr.Chaitra	SA I - NL Dr.PNB		PV - NL	RS - L Dr. MBR	RS - NL Dr. PT
	RS (P) – Dr. MBR					Dr.SBP		
THU	PV - L	SN & AI - L	PV - NL Dr.PNB	KS – L Dr.US	SA I - NL	RS - L Dr. PT	SN & AI -NL	
	Dr.Chaitra	Dr.PRG			Dr.PBH			Dr.PRG
FRI	PV - L	SN & AI-NL	KS – NL Dr.VSG/Dr. US/Dr.KSS	SA I - L Dr.SBP	SA I - NL	RS - L Dr. MBR	SPORTS	
	Dr.PNB	Dr.PRG			Dr.Chaitra			
SAT	RS - NL Dr. SDW	SN & AI -NL Dr.PRG	SA I – NL Dr.Chaitra	Mentor Mentee meeting	HALF DAY			

Practicals : A Batch- 1-50, B Batch-51-100, three days in a week i.e. (Mon,Tue,Wed) & Alternative exchange of Batches between Rachana Shareera and Kriya Shareera Department.

  
Coordinator

  
UG Dean

  
Principal  
Shri B. M. Kankanawadi  
Ayurved Mahavidyalaya  
A Constituent Unit of KAHER  
Shahapur, BELAGAVI-03.

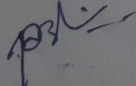
SHRI B.M.KANKANAWADI AYURVEDA MAHAVIDYALAYA

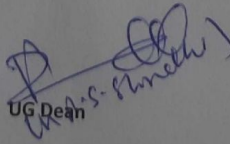
First Profession BAMS – 2023-24 Batch


**TIME TABLE**

(w/e from 1/6/2024)

DAY & TIME	9-10AM- 11AM Practical	11-12PM	12-1PM	1-2PM	2-3PM	3-4PM	4-5PM	
MON	KS(P) – Dr.US	RS – L Dr.SDW	KS – L Dr.VSG	L  U  N  C  H	SA I – L Dr.PBH	Indian Constitution Miss Arati		
	RS(P) – Dr.PT/Dr.MBR							
TUE	KS(P) – Dr.VSG	SN & AI – L Dr.PRG	KS – L Dr.KSS		PV – L Dr.PBH	Remedial class BP/KS/RS/ Self study	SA I – NL Dr.PNB	
	RS(P) – Dr.SDW							
WED	KS(P) - Dr.KSS	PV – NL Dr.Chaitra	SA I – L Dr.PNB		SN & AI –NL Dr.PRG	RS – L Dr.MBR	RS – NL  Dr.STK	
	RS(P) - Dr.MBR/ Dr.STK							
THU	SA I – L Dr.Chaitra	SN & AI – L Dr.PRG	PV – NL Dr.PNB/ Dr.Chaitra	KS – L Dr.US	SA I – NL Dr.PBH	RS – L Dr.PT	SA I – NL Dr.SBP	
FRI	PV – NL Dr.PNB	SN & AI – NL Dr.PRG	KS – NL Dr.VSG/ Dr.US/ Dr.KSS	PV – L Dr.SBP	SA I – NL Dr.Chaitra	RS – L Dr.STK	SPORTS/Kannada class Dr.PRG	
SAT	RS – NL Dr.SDW	SN & AI – NL Dr.PRG	SA I – NL Dr.Chaitra	Mentor mentee Meeting	HALF DAY			

  
Co-ordinator

  
UG Dean

  
**PRINCIPAL**  
Shri B.M. Kankanawadi  
Ayurved Mahavidyalaya  
A Constituent Unit of KAHER  
Shrinapur, BELAGAVI-03.

**SHRI B.M.KANKANAWADI AYURVEDA MAHAVIDYALAYA**  
**First Profession BAMS – 2023-24 Batch**

**TIME TABLE**  
(w/e from 6/8/2024)

DAY & TIME	9-10AM- 11AM Practical	11-12PM	12-1PM	1-2PM	2-3PM	3-4PM	4-5PM
MON	KS(P) – Dr.US	RS – L Dr.SDW	KS – L Dr.VSG	L  U  N  C  H	SA I – L Dr.PBH	Library	SN & AI – P Dr.PRG
	RS(P) – Dr.PT/Dr.MBR						
TUE	KS(P) – Dr.VSG	SN & AI – L Dr.PRG	KS – L Dr.KSS		PV – L Dr.PBH	Remedial class BP/KS/RS/ Self study	SA I – NL Dr.PNB
	RS(P) – Dr.SDW						
WED	KS(P) – Dr.KSS	PV – NL Dr.Chaitra	SA I – L Dr.PNB /Dr.RCG		SN & AI – NL Dr.PRG	RS – L Dr.MBR	RS – NL  Dr.STK
	RS(P) – Dr.MBR/ Dr.STK						
THU	SA I – L Dr.Chaitra	SN & AI – L Dr.PRG	PV – NL Dr.RCG	KS – L Dr.US	SA I – NL Dr.PBH	RS – L Dr.PT	SA I – NL Dr.SBP
FRI	PV – NL Dr.PNB	SN & AI – NL Dr.PRG	KS – NL Dr.VSG/ Dr.US/ Dr.KSS	PV – L Dr.SBP	SA I – NL Dr. RCG	RS – L Dr.STK	SPORTS/Kannada class Dr.PRG
SAT	RS – NL Dr.SDW	SN & AI – NL Dr.PRG	SA I – NL Dr.Chaitra	Mentor mentee Meeting	HALF DAY		

Practicals : A Batch- 1-50, B Batch-51-100, three days in a week i.e. (Mon,Tue,Wed) & Alternative exchange of Batches between Rachana Shareera and Kriya Shareera Department.

Coordinator

UG Dean

Principal



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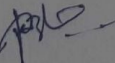
Remedial Classes Time Table 2023 Batch

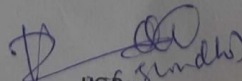
	DAY	TIME	DEPARTMENT
1	Every Month 1 <sup>st</sup> Tuesday	3PM – 4PM	Basic Principles/Samhita Siddhanta
2	Every Month 2 <sup>nd</sup> Tuesday	3PM – 4PM	Shareera Kriya
3	Every Month 3 <sup>rd</sup> Tuesday	3PM – 4PM	Shareera Rachana
4	Every Month 4 <sup>th</sup> Tuesday	3PM – 4PM	Library /Self study
5	Every Month 5 <sup>th</sup> Tuesday	3PM – 4PM	Library /Self study


Remedial Classes Time Table Details

Advanced Learner above 75%, Slow Learners below 50%

BASIC PRINCIPLES/SAMHITA DEPT	DATES	KRIYA DEPT	DATES	RACHANA DEPT	DATES
1 <sup>st</sup> Remedial Class	4/6/2024	1 <sup>st</sup> Remedial Class	11/6/2024	1 <sup>st</sup> Remedial Class	18/6/2024
2 <sup>nd</sup> Remedial Class	2/7/2024	2 <sup>nd</sup> Remedial Class	9/7/2024	2 <sup>nd</sup> Remedial Class	16/7/2024
3 <sup>rd</sup> Remedial Class	6/8/2024	3 <sup>rd</sup> Remedial Class	13/8/2024	3 <sup>rd</sup> Remedial Class	20/8/2024
4 <sup>th</sup> Remedial Class	3/9/2024	4 <sup>th</sup> Remedial Class	10/9/2024	4 <sup>th</sup> Remedial Class	17/9/2024

  
Co-ordinator

  
UG Deah

  
**PRINCIPAL**  
Shri B. M. Kankarawadi  
Ayurved Pradhikaryalaya  
A Constituent Unit of KAHER



KAHER's Shri BMK Ayurveda Mahavidyalaya Shahapur Belgum 590003

1<sup>st</sup> professional BAMS -2023 batch for the academic year 2023- 2024

Department Of Samhita Siddhanta

Subject: Samhita Adhyayana – 1

Unitized syllabus for the month of January – 2024

**LECTURES**

Sl.no	Date	Day	Time	Syllabus	Faculty
16	01/01/24	Mon	2-3pm	i. AH Su.1. Ayushkamiya Adhyaya- Ashtang Hridaya parichaya (Introduction to Ashtang Hridaya)	Dr.PBH
17	3/01/24	Wed	11-12pm	ii. Dosha-dhatu-mala parichaya (Introduction to dosha, dhatus and mala)	Dr.Chaitra
18	8/01/24	Mon	2-3pm	iii. Agni- koshtha swarup (Concept of digestive fire and bowel habits)	Dr.PBH
19	10/01/24	Wed	11-12pm	iv. Rasa, virya, vipaka prabhav guna parichaya (Introduction to rasa, virya, vipaka, prabhav and guna)	Dr.Chaitra
20	12/01/24	Fri	12-1pm	v. Rog-aarogya swaroop (Concept of health and disease) vi. Roga-aatur parikshan (Assessment of disease and diseased)	Dr.SBP
21	17/01/24	Wed	11-12pm	vii. Desha and kaala parichaya (Introduction to habitat and time ) viii. Chikitsa bhedha (Types of treatment)	Dr.Chaitra
22	19/01/24	Fri	12-1pm	ix. Pada chatusthaya Swaroopam (Concepts of four factors of treatment)	Dr.SBP

23	22/01/24	Mon	2-3pm	x. Vyadhi sadhyasadyatva (Types of prognosis) xi. Recitation of important shlokas	Dr.PBH
24	24/01/24	Wed	11-12pm	AH Su.2. Dinacharya Adhyaya- i. Dinacharya vihaar (Importance of various regimen in Dinacharya)	Dr.Chaitra
25	29/01/24	Mon	2-3pm	AH Su.2. Dinacharya Adhyaya- i. Dinacharya vihaar (Importance of various regimen in Dinacharya)	Dr.PBH
26	31/01/24	Wed	11-12pm	AH Su.2. Dinacharya Adhyaya- i. Dinacharya vihaar (Importance of various regimen in Dinacharya)	Dr.Chaitra

## NON - LECTURES

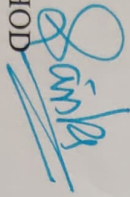
S.No	Date	Day	Time	Syllabus	Faculty
29	2/01/24	Tue	4-5pm	AH Su 5. Dravadravya Vijnaniya Adhyaya Group Activity-(Group presentation)- Utility of Dravyas:- Allocate the Dravadravya Vargas among student groups. Every group will Justify (represent) the practical utility of dravyas allotted to them.	Dr.SBP
30	3/01/24	Wed	12-1pm	Previous NL	Dr.PNB
31	4/01/24	Thu	2-3pm	Samhita Pathana	Dr.PBH
32	5/01/24	Fri	2-3pm	CS Su 1. <u>Deerghanjiviteeya</u> Adhyaya- Compilation work: (based on commentary) ● Student has to write 20 terminologies with meanings referring Chakrapani commentary. Then after these terms shall be discussed in class.	Dr.chaitra
33	9/01/24	Tue	4-5pm	Previous NL	Dr.SBP
34	10/01/24	Wed	12-1pm	Samhita Pathana	Dr.PNB
35	11/01/24	Thu	2-3pm	6. Annaswaroopa Vijnaneeya Adhyaya- Group presentation- Justify the utility of this chapter in present era- Every group will illustrate the utility of their assigned Ahara Dravya Varga (Discuss practically available dravyas)	Dr.PBH
36	12/01/24	Fri	2-3pm	Previous NL	Dr.chaitra
37	13/01/24	Sat	11-12pm	Previous NL	Dr.Chaitra

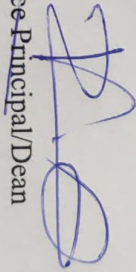


38	16/01/24	Tue	4-5pm	Sambhita Pathana	Dr.SBP
39	17/01/24	Wed	12-1pm	7. Annaraksha Adhyaya- Discussion- Explore the present dietary habits- Relatives/ neighborhood) on the basis of principles learned for viruddhahar. Discuss them in class. Trayopastambha -Importance of Nidra- Flipped classroom- Share the prerecorded videos/ other material with students before class. On the basis of these have discussion.	Dr.PNB
40	18/01/24	Thu	2-3pm	Previous NL	Dr.PBH
41	19/01/24	Fri	2-3pm	Sambhita Pathana	Dr.chaitra
42	20/01/24	Sat	11-12pm	Previous NL	Dr.Chaitra
43	23/01/24	Tue	4-5pm	Previous NL	Dr.SBP
44	24/01/24	Wed	12-1pm	Sambhita Pathana	Dr.PNB
45	25/01/24	Thu	2-3pm	8. Matrashitiya Adhyaya- Case Based learning- Determine adverse effects of heena matra (inadequate quantity of food) and atimatra (excess quantity of food) ahara:- (Video clip of patient suffering from a type of Ajeerna can be shared in class and then group wise discussion on the concept.) Group Activity- Differentiate between the food items recommended and non-recommended for daily use:- Cross refer the previous chapters and demonstrate the rationale behind the wholesome or unwholesome nature of these enlisted Dravyas referring their qualities.	Dr.PBH
46	27/01/24	Sat	11-12pm	Sambhita Pathana	Dr.Chaitra

47	30/01/24	Tue	4-5pm	Samhita Pathana	Dr.SBP
48	31/01/24	Wed	12-1pm	Previous NL	Dr.PNB

Name of the faculty	Number of lectures	Number of non-lectures	Total
Dr. Savita B Padashetti	02	05	30
Dr. Prabhakar B Hegade	04	04	
Dr. Praveen Bhirdi	00	04	
Dr. Chaitra	05	06	

  
HOD

  
Vice Principal/Dean

Principal

KAHER's Shri BMK Ayurveda Mahavidyalaya Shahapur Belgum 590003

1<sup>st</sup> professional BAMS -2023 batch for the academic year 2023- 2024

Department Of Samhita Siddhanta

Subject: Samhita Adhyayana – 1

Unitized syllabus for the month of Feb – 2024

**LECTURES**

Sl.no	Date	Day	Time	Syllabus	Faculty
27	02/02/24	Fri	12 -1pm	AH Su.2. Dinacharya Adhyaya- Dincharya vihaar (Importance of various regimen in Dincharya)	Dr.SBP
28	05/02/24	Mon	2pm -3pm	AH Su.2. Dinacharya Adhyaya- Dincharya vihaar (Importance of various regimen in Dincharya)	Dr.PBH
29	07/02/24	Wed	11am -12pm	Shuddhi Niyam (Personal hygiene) iii. Dharmapalan evam sadvritta palan iv. Recitation of important shloka	Dr.Chaitra
30	09/02/24	Fri	12 -1pm	AH Su.3. Rutucarya Adhyaya- i. Shadruthu (Classification of seasons according to Utarayan and Dakshinayan)	Dr.SBP
31	012/02/24	Mon	2pm -3pm	i. Shadruthu (Classification of seasons according to Utarayan and Dakshinayan)	Dr.PBH
32	014/02/24	Wed	11am -12pm	Rutucharya (detailed regimen of the six seasons)	Dr.Chaitra
33	16/02/24	Fri	12 -1pm	Rutucharya (detailed regimen of the six seasons)	Dr.SBP
34	19/02/24	Mon	2pm -3pm	iii. Rutusandhi (inter -seasonal period) iv. Recitation of important shlokas	Dr.PBH
35	21/02/24	Wed	11am -12pm	AH Su.4. Roganutpadaniya Adhyaya - i. Adharaneeya vega and chikitsa (symptoms arising due to suppression of natural urges and their treatment)	Dr.Chaitra



36	23/02/24	Fri	12 - 1pm	AH Su.4. Roganutpadaniya Adhyaya - i. Adharaneyya vega and chikitsa (symptoms arising due to suppression of natural urges and their treatment)	Dr.SBP
37	26/02/24	Mon	2pm - 3pm	Dharneyya vega (Concept of urges which have to be suppressed) iii. Shodhan chikitsa (Importance of purification treatments)	Dr.PBH
38	28/02/24	Wed	11am - 12pm	Dharneyya vega (Concept of urges which have to be suppressed) iii. Shodhan chikitsa (Importance of purification treatments)	Dr.Chaitra

**NON - LECTURES**

Sl.no	Date	Day	Time	Syllabus	Faculty
49	01/02/24	Thu	2pm -3pm	8. Matrashitrya Adhyaya- Case Based learning- Determine adverse effects of heena matra (inadequate quantity of food) and atimatra (excess quantity of food) ahara:- (Video clip of patient suffering from a type of Ajeerna can be shared in class and then group wise discussion on the concept.) Group Activity- Differentiate between the food items recommended and non-recommended for daily use:-	Dr.PBH
50	02/02/24	Fri	2pm -3pm	Cross refer the previous chapters and demonstrate the rationale behind the wholesome or unwholesome nature of these enlisted Dravyas referring their qualities. <b>Samhita Pathana – Dinacharya Adhyaya</b>	Dr.Chaitra
51	03/02/24	Sat	11am -12pm	Previous NL	Dr.Chaitra
52	06/02/24	Tue	4pm -5pm	Samhita Pathana – Dinacharya Adhyaya	Dr.SBP
53	07/02/24	Wed	12pm -1pm	<b>2<sup>nd</sup> Periodic Assessment</b>	<b>Dr.PNB</b>
54	08/02/24	Thu	2pm -3pm	<b>Samhita Pathana –Dinacharya Adhyaya</b>	Dr.PBH
55	09/02/24	Fri	2pm -3pm	S Su 1. Deerghanjiviteeya AdhyayaCompilation work: (based on commentary) ● Student has to write 20 terminologies with meanings referring Chakrapani commentary. Then after these terms shall be discussed in class.	Dr.Chaitra
56	10/02/24	Sat	11am -12pm	<b>Samhita Pathana - AH Su.3. Rutucarya Adhyaya</b>	Dr.Chaitra
57	13/02/24	Tue	4pm -5pm	Previous NL	Dr.SBP
58	14/02/24	Wed	12pm -1pm	<b>Samhita Pathana - AH Su.3. Rutucarya Adhyaya</b>	Dr.PNB
59	15/02/24	Thu	2pm -3pm	9. Dravyaadi Vijnaniya AdhyayaApplication of conceptsEnlist the dravyas according to Rasa, Veerya, Vipaka, Prabhav. (Can refer chapter 5,6, 10 of Ashtang Hriday and Chapter 2, 3, 4 of Charak Samhita). Apply the concepts learned in present chapter to understand the action of Dravyas.	Dr.PBH

60	16/02/24	Fri	2pm -3pm	Samhita Pathana - AH Su.4. Roganutpadaniya Adhyaya	Dr.Chaitra
61	17/02/24	Sat	11am -12pm	Previous NL	Dr.Chaitra
62	20/02/24	Tue	4pm -5pm	Samhita Pathana - AH Su.4. Roganutpadaniya Adhyaya	Dr.SBP
63	21/02/24	Wed	12pm -1pm	Previous NL	Dr.PNB
64	22/02/24	Thu	2pm -3pm	Samhita Pathana - Dravadravya Adhyaya	Dr.PBH
65	23/02/24	Fri	2pm -3pm	Previous NL	Dr.Chaitra
66	24/02/24	Sat	11am -12pm	Samhita Pathana - Dravadravya Adhyaya	Dr.Chaitra
67	27/02/24	Tue	4pm -5pm	10. Rasabhedhiya Adhyaya Case based learning Prepare proforma enlisting the sign and symptoms of excess consumption of six Rasas and regular diet pattern. Asses the predominance of Rasa consumption in patients or healthy volunteers. Then Correlate with the case findings.	Dr.SBP
68	28/02/24	Wed	12pm -1pm	Samhita Pathana - Annaswaroopo Adhyaya	Dr.PNB

Name of the faculty	Number of lectures	Number of non-lectures	Total
Dr. Savita B Padashetti	04	04	
Dr. Prabhakar B Hegade	04	04	
Dr. Praveen Bhirdi	00	04	
Dr. Chaitra	04	08	32

HOD

Vice Principal/Dean

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1<sup>st</sup> professional BAMS -2023 batch for the academic year 2023- 2024

Department Of Samhita Siddhanta

Subject: Samhita Adhyayana – 1

Unitized syllabus for the month of March – 2024

**LECTURES**

Sl.no	Date	Day	Time	Syllabus	Faculty
39	01/03/24	Fri	12 -1pm	AH Su.5. Dravadravaya Vijnaniya Adhyaya - i. Jala Varga (Water from different sources, various states of water) ii Dugdha Varga (Milk and milk products)	Dr.SBP
40	04/03/24	Mon	2-3pm	3 <sup>rd</sup> periodic Assessment	Dr.PBH
41	06/03/23	Wed	11-12pm	ii. Dugdha Varga (Milk and milk products) iii. Ikshu Varga (Sugarcane and its products)	Dr.Chaitra
42	11/03/24	Mon	2-3pm	iv. Madhu varnana (Properties of honey) v. Tail Varga (Oils of various sources)	Dr.PBH
43	13/03/24	Wed	11-12pm	vi. Madya Varga (Types of alcoholic beverages)	Dr.Chaitra
44	15/03/24	Fri	12-1pm	Vii. Mutra Varnana (Types of urine) viii. Recitation of important shlokas	Dr.SBP
45	18/03/24	Mon	2-3pm	Ch S Su 1. Deerghanjivieeya Adhyaya. i. Ayurvedavataranam (Genealogy of Ayurveda) ii. Arogsya chaturvarge pradhanam karanam iii. Trisutra Ayurveda	Dr.PBH
46	20/03/24	Wed	11-12pm	iv. Details of Shat padartha v. Ayurvedasya lakshanam tatha prayojan vi. Ayusho lakshanam paryayashcha	Dr.Chaitra

47	22/03/24	Fri	12-1pm	vii. Samanyavisheshayorlakanam viii. Tridanda ix. Vyadhinam trividho hetusamgrah x. Vyadhinam ashraya tatha Arogasya karanam	Dr.SBP
48	27/03/24	Wed	11-12pm	xi. Atmano lakshanam xii. Details about Sharira and manas dosha xiii. Sadhyaasadyata vikara chikitsa	Dr.Chaitra
49	29	Fri	12-1pm	xiv. Rasa varnanam xv. Dravya bheda	Dr.SBP

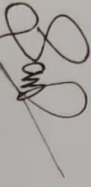
**NON - LECTURES**

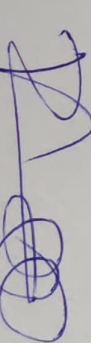
S.No	Date	Day	Time	Syllabus	Faculty
69	01/03/24	Fri	2-3pm	10. Rasabhedhiya Adhyaya Case based learningPrepare proforma enlisting the sign and symptoms of excess consumption of six Rasas and regular diet pattern. Asses the predominance of Rasa consumption in patients or healthy volunteers. Then Correlate with the case findings.	Dr.Chaitra
70	02/03/24	Sat	11-12pm	<b>Samhita Pathana - AH Su.7. Annaraksha Adhyaya</b>	Dr.Chaitra
71	05/03/24	Tue	4-5pm	Previous NL	Dr.SBP
72	06/03/24	Wed	12-1pm	<b>Samhita Pathana - AH Su.8. Matrashitiya Adhyaya</b>	Dr.PNB
73	07/03/24	Thu	2-3pm	Previous NL	Dr.PBH
74	09/03/24	Sat	11-12pm	<b>Samhita Pathana - AH Su.9. Dravyaadi Vijnaniya Adhyay</b>	Dr.Chaitra
75	12/03/24	Tue	4-5pm	CS Su 2. Apamarga Tanduliya Adhyaya Visit to Dravyaguna Department Identify the dravyas on the basis of different karmas	Dr.SBP
76	13/03/24	Wed	12-1pm	<b>Samhita Pathana - . AH Su.9. Dravyaadi Vijnaniya Adhyaya</b>	Dr.PNB
77	14/03/24	Thu	2-3pm	Previous NL	Dr.PBH
78	15/03/24	Fri	2-3pm	<b>Samhita Pathana - AH Su.10. Rasabhedhiya Adhyaya</b>	Dr.Chaitra
79	16/03/24	Sat	11-12pm	Previous NL	Dr.Chaitra
80	19/03/24	Tue	4-5pm	<b>Samhita Pathana -- AH Su.10. Rasabhedhiya Adhyaya</b>	Dr.SBP
81	20/03/24	Wed	12-1pm	CS Su 3. Aragyadhya Adhyaya Group Discussion Probable mode of action of drugs applied externally? In which form they will more absorbable? (May take help of published literature; discuss linking with Ayurveda fundamentals.) Practical demonstrations in Panchakarma unit on patients. Workshop/ demonstration of preparation of different lepas useful in different conditions.	Dr.PNB
82	21/03/24	Thu	2-3pm	<b>Samhita Pathana -Ch S Su 2. Apamarga Tanduliya Adhyaya</b>	Dr.PBH
83	22/03/24	Fri	2-3pm	Previous NL	Dr.Chaitra
84	23/03/24	Sat	11-12pm	<b>Samhita Pathana -Ch S Su 3. Aragyadhya Adhyaya</b>	Dr.Chaitra



85	26/03/24	Tue	4-5pm	Previous Nil	Dr.SBP
86	27/03/24	Wed	12-1pm	Sambhita Pathana -Ch S Su 4. Shadvirechana-shatashritiya Adhyaya CS Su 4. Shadvirechana-shatashritiya AdhyayaPractical Demonstration: Visit to Dravyaguna Department and demonstration of various Mahakashay and its uses (Integration with Dravyaguna department)	Dr.PNB
87	28/03/24	Thu	2-3pm		Dr.PBH
88	29/03/24	Fri	2-3pm	Sambhita Pathana -Ch S Su 5. Matrashiteya Adhyaya Previous Nil	Dr.Chaitra
89	30/03/24	Sat	11-12pm		Dr.Chaitra

Name of the faculty	Number of lectures	Number of non-lectures	Total
Dr. Savita B Padashetti	04	04	32
Dr. Prabhakar B Hegade	03	04	
Dr. Praveen Bhirdi	-	04	
Dr. Chaitra	04	09	

  
HOD

  
Vice Principal/Dean

Principal

Bmk/ BP/ 129/ 24

KAHER's Shri B.M.K Ayurveda Mahavidyalaya Shahapur Belgum 590003

1<sup>st</sup> professional BAMS -2023 batch for the academic year 2023- 2024

Department Of Samhita Siddhanta

Subject: Samhita Adhyayana - 1

Unitized syllabus for the month of April - 2024

LECTURES

Sl.no	Date	Day	Time	Syllabus	Faculty
49	01/04/24	Monday	2pm -3pm	Ch S Su 2. Apamarga Tanduliya Adhyayai. Shiro Virechana Dravya & Main Indications ii. Yamana Dravya & Main Indications iii. Virechana Dravya & Main Indications iv. Asthapana Dravya & Main Indications	Dr.PBH
50	03/04/24	Wednesday	11am -12pm	v. Anuvasana Dravya & Main Indications vi. Ashtavimsathi Yavagu vii. Panchakarma Mahatwa & Vaidya Guna viii. Recitation of important shlokas	Dr.Chaitra
51	05/04/24	Friday	12pm -1pm	Ch S Su 3. Aragvadhniya Adhyaya i. Dwa Trimshath Churna Pradeha & Main Indications	Dr.SBP
52	08/04/24	Monday	2pm -3pm	Ch S Su 4. Shadvirechana-shatashtriya Adhyayai. Shadvirechan aashrya ii. Panchkashaya yoni iii. Panchvidh kashaya kalpana	Dr.PBH
53	10/04/24	Wednesday	11am -12pm	iv. Panch kashaya shatani	Dr.Chaitra
54	12/04/24	Friday	12pm -1pm	iv. Panch kashaya shatani	Dr.SBP

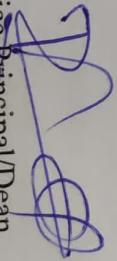
NON - LECTURES

Slno	Date	Day	Time	Syllabus	Faculty
90	02/04/24	Tuesday	4pm -5pm	CS Su 4. Shadvirechana-shatashtriya Adhyaya Practical Demonstration: Visit to Dravyaguna Department and demonstration of various Mahakashay and its uses (Integration with Dravyaguna department)	Dr.SBP
91	03/04/24	Wednesday	12pm -1pm	Samhita Pathana -Ch S Su 5. Matrashiteya Adhyaya	Dr.PNB
92	04/04/24	Thursday	2pm -3pm	Previous NL	Dr.PBH
93	05/04/24	Friday	2pm - 3pm	Samhita Pathana - Ch S Su 5. Matrashiteya Adhyaya	Dr.Chaitra
94	06/04/24	Saturday	11 am -12pm	Samhita Pathana - AH.Su.1.Ayushakaamiya Adhyaya	Dr.Chaitra
95	10/04/24	Wednesday	2pm -1pm	Samhita Pathana -AH.Su.2. Dinachya Adhyaya	Dr.PNB
96	12/04/24	Friday	2pm -3pm	Samhita Pathana - AH Su.3. Rutucarya Adhyaya	Dr.Chaitra

Name of the faculty	Number of lectures	Number of non-lectures	Total
Dr. Savita B Padashetti	02	01	13
Dr. Prabhakar B Hegade	02	01	
Dr. Praveen Bhirdi	-	02	
Dr. Chaitra	02	03	

Santa  
HOB 26/3/24

Vice Principal/Dean



Principal



KAHER's Shri BMK Ayurveda Mahavidyalaya Shahapur Belgaum 590003

1<sup>st</sup> professional BAMS -2023 batch for the academic year 2023- 2024

Department Of Samhita Siddhanta

Subject: Samhita Adhyayana - I

Unitized syllabus for the month of Feb - 2024

LECTURES

Sl.no	Date	Day	Time	Syllabus	Faculty
27	02/02/24	Fri	12 -1pm	AH Su.2. Dinacharya Adhyaya- Dinacharya vihaar (Importance of various regimen in Dinacharya)	Dr.SBP
28	05/02/24	Mon	2pm -3pm	AH Su.2. Dinacharya Adhyaya- Dinacharya vihaar (Importance of various regimen in Dinacharya)	Dr.PBH
29	07/02/24	Wed	11am -12pm	Shuddhi Niyam (Personal hygiene) iii. Dharmapalan evam sadvrutta palan iv. Recitation of important shloka	Dr.Chaitra
30	09/02/24	Fri	12 -1pm	AH Su.3. Rutucarya Adhyaya- i. Shadrutu (Classification of seasons according to Uttarayan and Dakshinayan)	Dr.SBP
31	012/02/24	Mon	2pm -3pm	i. Shadrutu (Classification of seasons according to Uttarayan and Dakshinayan)	Dr.PBH
32	014/02/24	Wed	11am -12pm	Rutucharya (detailed regimen of the six seasons)	Dr.Chaitra
33	16/02/24	Fri	12 -1pm	Rutucharya (detailed regimen of the six seasons)	Dr.SBP
34	19/02/24	Mon	2pm -3pm	iii. Rutasandhi (inter -seasonal period) iv. Recitation of important shlokas	Dr.PBH
35	21/02/24	Wed	11am -12pm	AH Su.4. Roganutpadaniya Adhyaya - i. Adharaneeya vega and chikitsa (symptoms arising due to suppression of natural urges and their treatment)	Dr.Chaitra

SA - JONIOR - 2023

36	23/02/24	Fri	12 -1 pm	AH Su.4. Roganutpadaniya Adhyaya - i. Adharaneeya vega and chikitsa (symptoms arising due to suppression of natural urges and their treatment)	Dr.SBP
37	26/02/24	Mon	2pm -3pm	Dharmeeya vega (Concept of urges which have to be suppressed) iii. Shodhan chikitsa (Importance of purification treatments)	Dr.PBH
38	28/02/24	Wed	11 am -12pm	Dharmeeya vega (Concept of urges which have to be suppressed) iii. Shodhan chikitsa (Importance of purification treatments)	Dr.Chaitra



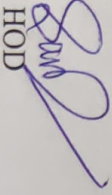
NON - LECTURES

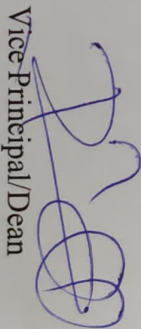
Sl.no	Date	Day	Time	Syllabus	Faculty
49	01/02/24	Thu	2pm -3pm	8. Matrashitiya Adhyaya- Case Based learning- Determine adverse effects of heena matra (inadequate quantity of food) and atimatra (excess quantity of food) ahara:- (Video clip of patient suffering from a type of Ajeerna can be shared in class and then group wise discussion on the concept.) Group Activity- Differentiate between the food items recommended and non-recommended for daily use:- Cross refer the previous chapters and demonstrate the rationale behind the wholesome or unwholesome nature of these enlisted Dravyas referring their qualities.	Dr.PBH
50	02/02/24	Fri	2pm -3pm	<b>Sambhita Pathana – Dinacharya Adhyaya</b> Previous NL	Dr.Chaitra
51	03/02/24	Sat	11am -12pm	Samhita Pathana – Dinacharya Adhyaya	Dr.Chaitra
52	06/02/24	Tue	4pm -5pm	2 <sup>nd</sup> Periodic Assessment	Dr.SBP
53	07/02/24	Wed	12pm -1pm	<b>Sambhita Pathana –Dinacharya Adhyaya</b>	Dr.PNB
54	08/02/24	Thu	2pm -3pm	S Su 1. Deerghanjiviceya AdhyayaCompilation work: (based on commentary) • Student has to write 20 terminologies with meanings referring Chakrapani commentary. Then after these terms shall be discussed in class.	Dr.Chaitra
55	09/02/24	Fri	2pm -3pm	<b>Sambhita Pathana - AH Su.3. Rutucarya Adhyaya</b>	Dr.Chaitra
56	10/02/24	Sat	11am -12pm	Previous NL	Dr.SBP
57	13/02/24	Tue	4pm -5pm	<b>Sambhita Pathana - AH Su.3. Rutucarya Adhyaya</b>	Dr.SBP
58	14/02/24	Wed	12pm -1pm	<b>Sambhita Pathana - AH Su.3. Rutucarya Adhyaya</b>	Dr.PNB
59	15/02/24	Thu	2pm -3pm	9. Dravyaadi Vijnaniya AdhyayaApplication of conceptsEnlist the dravyas according to Rasa, Veerya, Vipaka, Prabhav. (Can refer chapter 5,6,10 of Ashtang Hriday and Chapter 2, 3, 4 of Charak Samhita). Apply the concepts learned in present chapter to understand the action of Dravyas.	Dr.PBH



60	16/02/24	Fri	2pm -3pm	Sambhita Pathana - AH Su.4. Roganutpadaniya Adhyaya	Dr.Chaitra
61	17/02/24	Sat	11am -12pm	Previous NL	Dr.Chaitra
62	20/02/24	Tue	4pm -5pm	Sambhita Pathana - AH Su.4. Roganutpadaniya Adhyaya	Dr.SBP
63	21/02/24	Wed	12pm -1pm	Previous NL	Dr.PNB
64	22/02/24	Thu	2pm -3pm	Sambhita Pathana -Dravadravya Adhyaya	Dr.PBH
65	23/02/24	Fri	2pm -3pm	Previous NL	Dr.Chaitra
66	24/02/24	Sat	11am -12pm	Sambhita Pathana - Dravadravya Adhyaya	Dr.Chaitra
67	27/02/24	Tue	4pm -5pm	10. Rasabhedhiya Adhyaya Case based learning Prepare proforma enlisting the sign and symptoms of excess consumption of six Rasas and regular diet pattern. Asses the predominance of Rasa consumption in patients or healthy volunteers. Then Correlate with the case findings.	Dr.SBP
68	28/02/24	Wed	12pm -1pm	Sambhita Pathana - Annaswaroopaa Adhyaya	Dr.PNB

Name of the faculty	Number of lectures	Number of non-lectures	Total
Dr. Savita B Padeshetti	04	04	32
Dr. Prabhakar B Hegade	04	04	
Dr. Praveen Bhirdi	00	04	
Dr. Chaitra	04	08	

  
HOD

  
Vice-Principal/Dean

Principal

KAHER's Shri BMK Ayurveda Mahavidyalaya Shahapur Belgum 590003

1<sup>st</sup> professional BAMS -2023 batch for the academic year 2023- 2024

Department Of Samhita Siddhanta

Subject: Samhita Adhyayana - 1

Unitized syllabus for the month of May - 2024

LECTURES

Sl.no	Date	Day	Time	Syllabus	Faculty
55	17/05/24	Friday	12-1pm	Ch S Su 3. Aragvadhya Adhyaya i. Dwa Trimsath Churra Pradeha & Main Indications	Dr.SBP
56	20/05/24	Monday	2-3pm	iv. Panch kashaya shatani	Dr.PBH
57	22/05/24	Wednesday	11-12pm	AH Su.6. Annaswaroopa Vijnaneeya Adhyaya - i. Shuka - Dhanyanam Samanya Gunah (Properties of various types of cereals)	Dr.Chaitra
58	24/05/24	Friday	12-1pm	Shimbi - Dhanyananam Samanya Gunah (Properties of various types of Pulses) iii. Mannasaya Samanya Gunah (Properties of meat of various animals )	Dr.SBP
59	27/05/24	Monday	2-3pm	Shakayoh Samanya Gunah (Properties of various types of vegetables) v. Phalayoh Samanya Gunah (Properties of various types of Fruits)	Dr.PBH
60	29/05/24	Wednesday	11-12pm	Kritanna varganam Samanya Gunah (Properties of various types of cooked food)	Dr.Chaitra
61	31/05/24	Friday	12-1pm	vii. Aushadhanam Samanya Gunah (Properties of various types of medicinal herbs)	Dr.SBP

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**NON - LECTURES**

<b>Slno</b>	<b>Date</b>	<b>Day</b>	<b>Time</b>	<b>Syllabus</b>	<b>Faculty</b>
97	17/05/24	Friday	2-3PM	CS Su 4. Shadvirechana-shatashritiya Adhyaya Practical Demonstration: Visit to Dravyaguna Department and demonstration of various Mahakashay and its uses (Integration with Dravyaguna department)	Dr. Chaitra
98	18/05/24	Saturday	11-12PM	<b>Samhita Pathana - CS Su 6. Tasyashiteeya Adhyaya</b>	Dr. Chaitra
99	21/05/24	Tuesday	4-5PM	Previous NL	Dr. SBP
100	22/05/24	Wednesday	12-1PM	CS Su 5. Matrashteeya Adhyaya Visit to Panchakarma Unit of Hospital – Demonstration of abhyanga, mardana, udvartana and other procedures to be followed in daily routine (Integration with Panchakarma Department) Group Project : Gather information about nutritive values of Nitya Sevaniya Dravyas. Assess their classical properties. Discuss why these dravyas are specially advised for regular consumption.	Dr..PNB
101	23/05/24	Thursday	2-3pm	Previous NL	Dr. PBH
102	24/05/24	Friday	2-3PM	<b>Samhita Pathana - CS Su 7. Naveganadharaniya Adhyaya:</b>	Dr. chaitra
103	25/05/24	Saturday	11-12PM	Previous NL	Dr. Chaitra
104	28/05/24	Tuesday	4-5PM	<b>Samhita Pathana – CS Su 8. Indriyopakramaniya Adhyaya</b>	Dr. SBP
105	29/05/24	Wednesday	12-1PM	Previous NL	Dr..PNB
106	30/05/24	Thursday	2-3pm	<b>Samhita Pathana - CS Su 9. Khuddakachatushpada Adhyaya</b>	Dr. PBH
107	31/05/24	Friday	2-3pm	Previous NL	Dr. Chaitra



Name of the faculty	Number of lectures	Number of non-lectures	Total
Dr. Savita B Padashetti	03	02	18
Dr. Prabhakar B Hegade	02	02	
Dr. Praveen Bhirdi	-	02	
Dr. Chaitra	02	05	

*Savita*  
HOD 27/4/24

*[Signature]*  
Vice Principal/Dean

Principal

KAHER's Shri BMK Ayurveda Mahavidyalaya Shahapur Belgum 590003

1<sup>st</sup> professional BAMS -2023 batch for the academic year 2023- 2024

Department Of Samhita Siddhanta

Subject: Samhita Adhyayana - 1

Unitized syllabus for the month of June - 2024

LECTURES

Sl.no	Date	Day	Time	Syllabus	Faculty
62	03/06/24	Mon	2pm-3pm	AH Su.7. Annaraksha Adhyaya - i. Rajnikate - Vaidyasthiti (Important place of Vaidya in Kings palace) ii. Savishanna Lakshanam (Properties of poisoned food)	Dr.PBH
63	05/06/24	Wed	12pm-1pm	iii.Savishanna Pariksha (Examination of food contaminated with poison) iv. Savishanna -Lakshana - Aushadha ( Signs of food poisoning and its treatment)	Dr.PNB
64	06/06/24	Thu	9am-10am	V. Viruddha Aahar (Incompatible food and food practices) vi. Satnikaran Krama (Method of adaptation of wholesome food habits and to taper unwholesome food habits)	Dr.Chaitra
65	10/06/24	Mon	2pm-3pm	Vii. Aahar -Shayan -Abrahmacharya - Trayopastambha (Three accessory pillars of Health) viii. Recitation of important shlokas	Dr.PBH
66	12/06/24	Wed	12pm-1pm	AH Su.8. Matrashitiya Adhyaya - i. AaharMatra (appropriate quantity of food) ii. Heen -matra, ati -matra bhojan dosha (Demerits of excess and less quantity of food)	Dr.PNB
67	13/06/24	Thu	9am-10am	iii. Alasak, Visuchika (Etiopathogenesis and management principles of Vishuchika and Alasak)	Dr.Chaitra
68	19/06/24	Wed	12pm-1pm	iv. Aparatpan chikitsa Types of Ajeerna (indigestion) and its causes	Dr.PNB
69	20/06/24	Thu	9am-10am	Bhojan-samyak yog (Ideal regimen and time for taking food)	Dr.Chaitra
70	24/06/24	Mon	2pm-3pm	vii. KuskhiVibhag (Imaginary parts of the stomach) viii. Details of Anuppan (Liquid consumed along with or	Dr.PBH

23 batch

				after food) ix. Recitation of important shlokas	
71	26/04/24	Wed	12pm-1pm	AH Su.9. Dravyaadi Vijnaniya Adhyayai. Dravya shreshthiva(Predominance of Dravya) ii. Dravyasya panchbhautikatvam (Prevalence of Panchamahabhutas in dravyas)	Dr.PNB
72	27/04/24	Thu	9am-10am	ii. Dravyasya panchbhautikatvam (Prevalence of Panchamahabhutas in dravyas) iii. Panchbhautik dravyanaam guna(Characteristics of PanchbhautikDravyas)	Dr.Chaitra

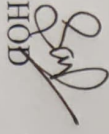


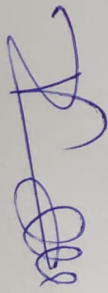
**NON - LECTURES**

Sl.no	Date	Day	Time	Syllabus	Faculty
108	01/06/24	Sat	11am-12pm	CS Su 6. Tasyashiteeya Adhyaya - Documentation of Festival and rutu Documenting the changes in the food habits and lifestyle as per the rutu with the parents and elders and also discussing on relevance of rutucharya concept with Indian festivals. Short Essay writing /Poster making Does and don'ts to be followed according to various seasons (Refer both the Samhitas for this activity)	Dr.Chaitra
109	04/06/24	Tue	4pm -5pm	<b>Samhita Pathana - CS Su 10. Mahachatushpada Adhyaya</b>	Dr.PNB
110	06/06/24	Thu	2pm-3pm	Previous NL	Dr.PBH
111	06/06/24	Thu	4pm-5pm	<b>Samhita Pathana - 6. Annaswaroopa Vijnaneeya Adhyaya</b>	Dr.SBP
112	07/06/24	Fri	2pm-5pm	Previous NL	Dr.Chaitra
113	08/06/24	Sat	11am-12pm	<b>Samhita Pathana - 7. Annaraksha Adhyaya</b>	Dr.Chaitra
114	11/06/24	Tue	4pm -5pm	Previous NL	Dr.PNB
115	13/06/24	Thu	2pm-3pm	<b>Samhita Pathana</b>	Dr.PBH
116	13/06/24	Thu	4pm-5pm	CS Su 7. Naveganadharaniya Adhyaya:- Vedio clip making Activity Educating people about harms of vege dharana by social media campaigns Group Discussion Finding reasons for vege dharana in present day lifestyle.	Dr.SBP
117	14/06/24	Fri	2pm-3pm	<b>Samhita Pathana - 8. Matrashitiya Adhyaya</b>	Dr.Chaitra
118	15/06/24	Sat	11am-12pm	Previous NL	Dr.Chaitra
119	18/06/24	Tue	4pm-5pm	<b>Samhita Pathana - 9. Dravyaadi Vijnaniya Adhyaya</b>	Dr.PNB
120	20/06/24	Thu	2pm-3pm	Previous NL	Dr.PBH
121	20/06/24	Thu	4pm-5pm	<b>Samhita pathana</b>	Dr.SBP

122	21/06/24	Fri	2pm-3pm	Previous NL	Dr. Chaitra
123	22/06/24	Sat	11am-12pm	<b>Samhita pathana</b>	Dr. Chaitra
124	25/06/24	Tue	4pm-5pm	CS Su 8. Indriyopakramaniya Adhyaya Group Presentations Sadvruta – Interpreting relevance of different sadvruta in present scenario. Developing new sadvritas as per today's' lifestyle referring classics.	Dr. PNB
125	27/06/24	Thu	2pm-3pm	<b>Samhita pathana - 10. Rasabhediya Adhyaya</b>	Dr. PBH
126	27/06/24	Thu	4pm-5pm	Previous NL	Dr. SBP
127	28/06/24	Fri	2pm-3pm	<b>4<sup>th</sup> Periodic Assessment</b>	Dr. Chaitra
128	29/06/24	Sat	11am-12pm	Previous NL	Dr. Chaitra

Name of the faculty	Number of lectures	Number of non-lectures	Total
Dr. Savita B Padashetti	-	04	32
Dr. Prabhakar B Hegade	03	04	
Dr. Praveen Bhiridi	04	04	
Dr. Chaitra	04	09	

  
HOD

  
Vice-Principal/Dean

Principal



KAHER's Shri BMK Ayurveda Mahavidyalaya Shahapur Belgum 590003

1<sup>st</sup> professional BAMS -2023 batch for the academic year 2023- 2024

Department Of Samhita Siddhanta

Subject: Samhita Adhyayana – 1

Unitized syllabus for the month of July – 2024

**LECTURES**

Sl.no	Date	Day	Time	Syllabus	Faculty
73	01/07/24	Mon	2pm -3pm	AH Su.10. Rasabhediya Adhyaya i. Shadrasanaam utpatti (Origin of Shadrasa) ii. Shadrasa parichaya (Identity of Six Rasas)	Dr.PBH
74	03/07/24	Wed	12pm -1pm	iii. Shadrasa karma, guna, atiyoga lakshana (Functions, properties and presentation of excessive intake of Six Rasas.)	Dr.PNB
75	04/07/24	Thu	9am -10am	iii. Shadrasa karma, guna, atiyoga lakshana (Functions, properties and presentation of excessive intake of Six Rasas.)	Dr.Chaitra
76	08/07/24	Mon	2pm -3pm	iii. Shadrasa karma, guna, atiyoga lakshana (Functions, properties and presentation of excessive intake of Six Rasas.)	Dr.PBH
77	10/07/24	Wed	12pm -1pm	iv. Recitation of important shlokas	Dr.PNB
78	11/7/24	Thu	9am -10am	Ch S Su 4. Shadvirechana-shatashritya Adhyayai. Shadvirechan aashrya	Dr.Chaitra
79	15/07/24	Mon	2pm -3pm	ii. Panchkashaya yoni iii. Panchvidh kashaya kalpana	Dr.PBH
80	17/05/24	Wed	12pm -1pm	iv. Panch kashaya shatani	Dr.PNB
81	18/07/24	Thu	9am -10am	Ch S Su 5. Matrashiteeya Adhyayai. MatravatAhara ii. Nature of Ahara (Guru, Laghu) iii. AharaMatra iv. MatravatAharaPhala v. AharaSevana Vidhana on the bases of its nature vi. Swasthavrutta vii. Anjana viii. Dhumapana ix. Nasya x. Dantadhavana xi. Jivhanirlekhana xii. Gandusha xiii. Abyanga xiv.	Dr.Chaitra
82	22/07/24	Mon	2pm -3pm		Dr.PBH



		Parimarjana			
83	24/07/24	Wed	12pm - 1pm	<p>xv. VastragandhaMalyadiDharana xvi. Shouchavidhi  xvii. Kshoura Karma xviii. PadatraDharana xix.  ChatraDharana xx. Important Shlokas for recitation  xxi. Research Updates: Role of Dinacharya to  maintain circadian rhythm Role of therapeutic  message for cell rejuvenation Mechanism of  satiation and proper quantity of food (Sauhitya  Matra)</p>	Dr.PNB
84	25/07/24	Thu	9am - 10am	Ch S Su 6. Tasyashiteeya Adhyayai. Classification Samvastara ii. Visarga Kala iii. Adana kal;a	Dr.Chaitra
85	29/07/24	Mon	2pm - 3pm	iv. Shadrutuvivechana and Charya	Dr.PBH

NON - LECTURES

Sl.no	Date	Day	Time	Syllabus	Faculty
129	02/07/24	Tue	4pm -5pm	CS Su 9. Khuddakachatushpada Adhyaya Doctor Patient communication introduction, Role play. Feedback collection of chikitsa chatushpada Group activity Collect Feedback on qualities of Vaidya from rogi and upasthata. Collect Feedback on qualities of rogi from vaidya and upasthata. Collect qualities of upasthata from rogi and Vaidya Collect feedback on qualities of dravya from the experts of dravyaguna and rasa shastra	Dr.PNB
130	04/07/24	Thu	2pm-3pm	<b>Samhita Pathana - Ch S Su 10. Mahachatushpada Adhyaya</b> Previous NL	Dr.PBH
131	04/07/24	Thu	4pm-5pm		Dr.SBP
132	05/07/24	Fri	2pm-5pm	<b>Samhita Pathana - Ch S Su 10. Mahachatushpada Adhyaya</b> Previous NL	Dr.Chaitra
133	06/07/24	Sat	11am-12pm		Dr.PNB
134	09/07/24	Tue	4pm -5pm	<b>Samhita Pathana - AH Su.11. Doshadi Vijnaniya Adhyaya</b> CS Su 10. Mahachatushpada Adhyaya Developing proforma for sadhya asadhyaya vyadhi lakshanas Guide students on how to prepare a proforma to assess any available parameters.	Dr.Chaitra
135	11/07/24	Thu	2pm-3pm		Dr.PBH
136	11/07/24	Thu	4pm-5pm	<b>Samhita Pathana - AH Su.11. Doshadi Vijnaniya Adhyaya</b> Previous NL	Dr.SBP
137	12/07/24	Fri	2pm-3pm		Dr.Chaitra
138	13/07/24	Sat	4pm -5pm	<b>Samhita Pathana - AH Su.11. Doshadi Vijnaniya Adhyaya</b> Previous NL	Dr.Chaitra
139	16/07/24	Tue	4pm-5pm		Dr.PNB
140	18/07/24	Thu	2pm-3pm	<b>Samhita Pathana - CS Su 11. Tisraishaniya Adhyaya</b> CS Su 11. Tisraishaniya Adhyaya Debate: - Purnajanna siddhant as per different thoughts. Debate on punarjanna with different references as per classics and contemporary understanding.	Dr.PBH
141	18/07/24	Thu	4pm-5pm		Dr.SBP

142	19/07/24	Fri	2pm-3pm	Samhita pathana - CS Su 11. Tisraishaniya Adhyaya	Dr.Chaitra	
143	20/07/24	Sat	11am-12pm			Previous NL
144	23/07/24	Tue	4pm -5pm			
145	25/07/24	Thu	2pm-3pm	Samhita pathana -12. Doshabhedya Adhyaya	Dr.PNB	
146	25/07/24	Thu	4pm-5pm			Previous NL
147	26/07/24	Fri	2pm-5pm	Samhita pathana - 12. Doshabhedya Adhyaya	Dr.SBP	
148	27/07/24	Sat	11am-12pm			Previous NL
149	30/07/24	Tue	4pm -5pm			

Name of the faculty	Number of lectures	Number of non-lectures	Total
Dr. Savita B Padashetti	-	04	34
Dr. Prabhakar B Hegade	05	04	
Dr. Praveen Bhirdi	04	05	
Dr. Chaitra	04	08	

HOD

Vice Principal/Dean

Principal



KAHER's Shri BMK Ayurveda Mahavidyalaya Shahapur Belgum 590003

1<sup>st</sup> professional BAMS -2022 batch for the academic year 2023- 2024

Department Of Samhita Siddhanta

Subject: Samhita Adhyayana – 1

Unitized syllabus for the month of August – 2024

**LECTURES**

Sl.no	Date	Day	Time	Syllabus	TL Method	Alignment with	Millers Pyaramid D/SH/K H/K	Blooms Level	Faculty
86.	01/08/2024	Thu	9am - 10am	Ch S Su 6. Tasyashiteya Adhyaya- Shadrutuvivechana and Charya	L, AV, GD	CO2 PO1	KH	1,2	Dr.Chaitra
87.	05/08/2024	Mon	2pm - 3pm	Shadrutuvivechana and Charya v. Hamsodaka vi. Saatmya	L, AV, GD	CO4 PO2,PO7,PO8	KH	1,2	Dr.PBH
88.	07/08/2024	Wed	12pm - 1pm	vii. Important shlokas for recitation viii. Research Updates: What causes the season: Summer and winter solistice- Equinoxes- Rotation of earth around sun.	L, AV, GD	CO4 PO2,PO7,PO8	KH	1,2	Dr.PNB

89.	08/08/2024	Thu	9am - 10am	Ch S Su 7. Naveganadharaniya Adhyaya- i. Adharneya-Dharneya vega lakshan, chikitsa	L-GD	Co4	PO2,PO7,PO8	K	1,2	Dr.Chaitra
90.	12/08/2024	Mon	2pm - 3pm	i. Adharneya-Dharneya vega lakshan, chikitsa ii. Vyayam (Details regarding exercise)	L,AV	CO4	PO2,PO7,PO8	KH	1,2	Dr.PBH
91.	14/08/2024	Wed	12pm - 1pm	iii. Ahita sevan evam varjya vidhi iv. Deha prakruti (Body constitution) v. Agantuja evam Pradnyaaprath janya vyadhi evam chikitsa	L,GD	CO6	PO1, PO5	K	1,2	Dr.RCG
92.	19/08/2024	Mon	2pm - 3pm	vi. Impotant Shlokas for recitation vii. Research Updates: Corelation of genomic variation with the classification of Prakriti	L,AV	CO4	PO2,PO7,PO8	K	1,2	Dr.PBH
93.	21/08/2024	Wed	12pm - 1pm	Ch S Su 8. Indriyopakramaniya Adhyaya i. Enumeration of Indriya, Dravya, Adhishtana, Artha, Buddhi ii. Manas Lakshana iii. Ekatvam of Manas iv. Sattvikatva, Rajasatva and Tamasatva of Manas	L, AV	CO4	PO2, PO7, PO8	K	1,2	Dr.PNB

94.	22/08/2024	Thu	9am - 10am	v. Indriya PanchaPanchaka vi. Adhyatma Dravya Guna Sangraha vii. Mahabhuta – Indriya sambandh viii. Prakriti – Vikriti hetu	L, AV	CO4	PO2, PO7, PO8	K	1,2	Dr.Chaitra
95.	26/08/24	Mon	2pm - 3pm	ix. SadvrittaAnushthana	L, AV	CO4	PO2, PO7, PO8	K	1,2	Dr.PBH
96.	28/08/24	Wed	12pm - 1pm	ix. SadvrittaAnushthana x. Hetuchatushtaya xi. AnuktaSadvritta xii. Important Shlokas for Recitation xiii. Research updates: Mental health and gut microbiota.	L, AV	CO4	PO2, PO7, PO8	K	1,2	Dr.RCG
97.	29/08/24	Thu	9am - 10am	Ch S Su 9. Khuddakachatushpada i. Chikitsa Chatushpada	L, AV	CO8	PO6, PO9	K	1,2	Dr.Chaitra

### NON - LECTURES

Sl.no	Date	Day	Time	Syllabus	TL Method	Alignment with	Millers Pyaramid D/SH/KH/K	Blooms Level	Faculty	
150.	01/08/24	Thu	2pm-3pm	CS Su 12. Vatakalakaliya Adhyaya- Role Play (Enact sambhasha parishad) – Distribute the characters of the rishis given in chapter. And guide them with the	Role play	CO4	PO2, PO7, PO8	KH, K	3	Dr.PBH
151.	01/08/	Thu	4pm-	Samhita Pathana – Cha.Su.5	SL				Dr.SBP	

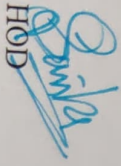


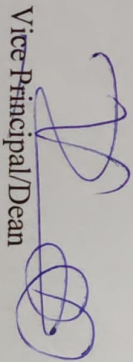
	24		5pm							
152.	02/08/ 24	Fri	2pm- 5pm	Previous NL	Role play	CO4	PO2, PO7,PO 8	KH, K	3	Dr.RCG
153.	03/08/ 24	Sat	11 am- 12pm	<b>Samhita Pathana – Cha.Su.5</b>	SL	CO2	PO1	S	1	Dr.Chaitra
154.	06/08/ 24	Tue	4pm - 5pm	Decode the sutras- Students in groups will use different tools like infographics/ animation/ ppts to illustrate the normal functions of Vata Dosha explained in present chapter. (Refer Chakrapani commentary thoroughly to understand the meaning of Sanskrit shlokas). Introduction to Group Dynamics. Communication skills for Group Discussions.	Role play	CO4	PO2, PO7,PO 8	KH, K	3	Dr.PNB
155.	08/08/ 24	Thu	2pm- 3pm	<b>Samhita Pathana – Cha.Su.6</b>	SL	CO2	PO1	S	1	Dr.PBH
156.	08/08/ 24	Thu	4pm- 5pm	Previous NL	Role play	CO4	PO2, PO7,PO 8	KH, K	3	Dr.SBP
157.	09/08/ 24	Fri	2pm- 3pm	<b>Samhita Pathana – Cha.Su.6</b>	SL	CO2	PO1	S	1	Dr.RCG
158.	10/08/ 24	Sat	11 - 12pm	Previous NL	Role play	CO4	PO2, PO7,PO 8	KH, K	3	Dr.Chaitra
159.	13/08/ 24	Tue	4pm- 5pm	<b>Samhita pathana – Cha.Su.7</b>	SL	CO2	PO1	S	1	Dr.PNB

160.	16/08/24	Fri	2pm-3pm	11. Doshadi Vijnaniya Adhyaya- Case Based learning-(CBL)- Assess the patient for Vriddhi and Kshaya Lakshanas of Dosha-Dhatu-Mala, based on predesigned proforma. Discuss these case findings later in class.	L,AV	CO3	PO1,PO3,P05	KH	4	Dr.RCG
161.	17/08/24	Sat	11am-12pm	<b>Samhita pathana -Cha.Su.7</b>	SL	CO2	PO1	S	1	Dr.Chaitra
162.	20/08/24	Tue	4pm -5pm	Previous NL	L,AV	CO3	PO1,PO3,P05	KH	4	Dr.PNB
163.	22/08/24	Thu	2pm-3pm	<b>Samhita pathana – Cha.Su.8</b>	SL	CO2	PO1	S	1	Dr.PBH
164.	22/08/24	Thu	4pm-5pm	Previous NL	L,AV	CO3	PO1,PO3,P05	KH	4	Dr.SBP
165	23/08/24	Fri	2pm-3pm	<b>Samhita Pathana -Cha.Su.8</b>	SL	CO2	PO1	S	1	Dr.RCG
166.	24/08/24	Sat	11am-12pm	Previous NL	L,AV	CO3	PO1,PO3,P05	KH	4	Dr.Chaitra
167.	27/08/24	Tue	4pm -5pm	<b>Samhita pathana – Cha.Su.9</b>	SL	CO2	PO1	S	1	Dr.PNB
168.	29/08/24	Thu	2pm-3pm	12. Doshahediya Adhyaya- Model making Activity- Working models on Dosha Sthanas or Subtypes of Doshas, Chaya, Prakop and Prashama of Doshas: PBL/CBL Give one problem/case based on Samanya	L,AV	CO3	PO1, PO3, PO5	KH, K	4	Dr.PBH

169.	29/8/2 4	Thu	4pm- 5pm	<b>Sambhita Pathana -Cha.Su.9</b>	SL	C02	PO1	S	1	Dr.SBP
170.	30/8/2 4	Fri	2pm- 3pm	Previous NL	L,AV	C03	PO1, PO3, PO5	KH, K	4	Dr.RCG
171.	31/8/2 4	Sat	11am- 12pm	<b>Sambhita Pathana -Cha.Su.10</b>	SL	C02	PO1	S	1	Dr.Chaitra

Name of the faculty	Number of lectures	Number of non-lectures	Total
Dr. Savita B Padashetti	-	04	
Dr. Prabhakar B Hegade	04	04	
Dr. Praveen Bhirdi	02	04	32
Dr. Chaitra	02	05	
Dr.Rohit	02	05	

  
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KAHER's Shri BMK Ayurveda Mahavidyalaya Shahapur Belgum 590003

1<sup>st</sup> professional BAMS -2022 batch for the academic year 2023- 2024

Department Of Samhita Siddhanta

Subject: Samhita Adhyayana – 1

Unitized syllabus for the month of September – 2024

**LECTURES**

Sl.no	Date	Day	Time	Syllabus	TL Method	Alignment with	Millers Pyaramid D/SH/K H/K	Blooms Level	Faculty
98	04/09/24	Wed	12pm-1pm	Ch S Su 9. Khuddakachastushpada Adhyaya ii. Roga-Arogya Lakshana iii. Chikitsa Lakshana iv. Vaidya, Dravya (Bheshaja), Paricharaka, Atura guna v. Vaidya pradhanatva vi. Adnya chikitsak dosha	Lecture s/ Audio/ Vi sual Aids	CO8 PO 6, PO 9	K	1	Dr.PNB
99	05/09/24	Thu	9am-10am	Varsha Ritu and Sharad Ritu v. Hamsodaka vi. Saatmya vii. Important shlokas for recitation viii. Research Updates: What causes the season: Summer and winter ix. Rotation of earth around sun.	Lecture Audio/ Vi sual aids Group Discussion	CO4 PO2, PO7, PO8	KH	1	Dr.Chaitra
100	09/09/24	Mon	2pm-3pm	vii. Sadvaidya lakshana viii. Vaidya kartavya ix. Vaidya Vritti x. Recitation of important Shlokas xi. Research Updates: Medical ethics-principles Soft Skill development for medical students	Lecture s/ Audio/ Vi sual	CO8 PO 6, PO 9	K	1	Dr.PBH

				Emotional Intelligence as a crucial component in medical education	Aids								
101	11/09/24	Wed	12pm - 1pm	Ch S Su 10. Mahachatuspada Adhyaya. Catuspada-bheshajam alam aarogyayeti (aatreya-kṛta) ii. Bheshaja-abheshajayo tulyatva pratipadana – (matreya-kṛta) iii. Its conclusion by Atreya iv. Pareekshya-kaarino hi kusalaa bhavanthi v. Cikitsaa sootram	Lecture	CO6	PO1, PO5	K	1	Dr.RCG			
102	12/09/24	Thu	9am-10am	vi. Cikitsaayaam yasolaabhe kaaranam vii. Asaadhyaroga-cikitsaayaam haani viii. Further division of saadhyasaaadhyata ix. Sukha-saadhya lakshanam x. Krechra-saadhya lakshanam	Lecture	CO6	PO1, PO5	K	1	Dr.Chaitra			
103	18/09/24	Wed	12pm - 1pm	xi. Yaapya lakshanam xii. Pratyakhyeya lakshanam xiii. Benefit of knowledge of prognosis xiv. The versatile usage of the term 'mithyaa-buddhi' xv. Recitation of important shlokas	Lecture	CO6	PO1, PO5	K	1	Dr.PNB			
104	19/09/24	Thu	9am-10am	AH Su.11. Doshadi Vijnaniya Adhyaya i. Importance of dosha dhatu mala ii. Dosh dhatu mala prakṛta Karma	Lecturer Audio Visual aids	CO3	PO1,PO3,PO5	Knows how	1	Dr.Chaitra			
105	23/09/24	Mon	2pm-3pm	Dosha vaikṛta karma (abnormal functions)	L & AV	CO3	PO1,PO3,PO5	Knows how	1	Dr.PBH			
106	25/09/24	Wed	12pm - 1pm	Dhatu Mala vaikṛta karma	L & AV	CO3	PO1,PO3,PO5	Knows how	1	Dr.RCG			
107	26/09/24	Thu	9am-10am	Functions decreased doshas – kshena doshakarma	L & AV	CO3	PO1,PO3,PO5	Knows how	1	Dr.Chaitra			

108	30/09/24	Mon	2pm-3pm	iii. Dosha dhatu mala ashraya- ashrayi bhava (relation between dosha and dhatus) iv. Samanya chikitsa siddhanta for dosha dhatu mala vrudhhi kshaya (treatment principles)	L & AV	CO3	PO1,PO3,PO5	Knows how	1	Dr.PBH
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### NON - LECTURES

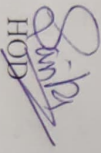
Sl.no	Date	Day	Time	Syllabus	TL Method	Alignment with	Millers Pyramid D/SH/KH/K	Blooms Level	Faculty	
172	03/09/24	Tue	4-5pm	12. Doshabhediya Adhyaya- Model making Activity- Working models on Dosha Sthanas or Subtypes of Doshas, Chaya, Prakop and Prashama of Doshas: PBL/CBL	Lecturer Audio Visual aids	CO3	PO1 ,PO3, PO5	Knows	4	Dr.PNB
173	05/09/24	Thu	2-3pm	Samhita Pathana - 10. Rasabhediya Adhyaya	SL	CO2	PO1	S	1	Dr.PBH
174	05/09/24	Thu	4-5pm	Previous NL	L & AV	CO3	PO1 ,PO3, PO5	Knows		Dr.SBP
175	06/09/24	Fri	2-5pm	Samhita Pathana - CS Su 10. Mahachatuspada Adhyaya	SL	CO2	PO1	S	1	Dr.RCG
176	10/09/24	Tue	4-5pm	Previous NL	L & AV	CO3	PO1 ,PO3, PO5	Knows	4	Dr.PNB

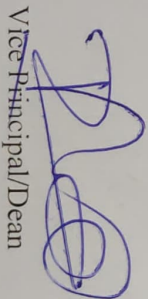


177	12/09/2 4	Thu	2-3pm	<b>Samhita Pathana - CS Su 9. Khuddakachatushpada Adhyaya</b>	SL	C02	PO1	S	K & KH	1	Dr.PBH
178	12/09/2 4	Thu	4-5pm	13. Doshopakramaniya Adhyaya Case Based learning-(CBL) - Group activity/Observe the signs and symptoms of Ama in any five patients (Group wise) and present and discuss it in class. Seminar Presentationa. Understand Aushadha Kaal in relation with suntypes of Vata Dosha. b. Recognize the principles applicable during treatment of Saam Dosha and Dushyas	Lecture	CO6	PO1, PO5	S	K & KH	4	Dr.SBP
179	13/09/2 4	Fri	2-5pm	<b>Samhita Pathana - CS Su 8. Indriyopakramaniya Adhyaya</b>	SL	C02	PO1	S		1	Dr.RCG
180	14/09/2 4	Sat	11am- 12pm	<b>Previous NL</b>	Lecture	CO6	PO1, PO5	S	K & KH	4	Dr.Chaitra
181	17/09/2 4	Tue	4pm - 5pm	<b>Samhita Pathana - 9. Dravyaadi Vijnaniya Adhyaya</b>	SL	C02	PO1	S		1	Dr.PNB
182	19/09/2 4	Thu	2pm- 3pm	<b>Previous NL</b>	Lecture	CO6	PO1, PO5	S	K & KH	4	Dr.PBH
183	19/09/2 4	Thu	4pm- 5pm	<b>Samhita Pathana - 8. Matrashitiya Adhyaya</b>	SL	C02	PO1	S		1	Dr.SBP
184	20/09/2 4	Fri	2pm- 3pm	<b>Previous NL</b>	Lecture	CO6		S	K & KH		Dr.RCG
185	21/09/2 4	Sat	11-12pm	<b>Samhita Pathana - CS Su 6. Tasyashiteeya Adhyaya</b>	SL	C02	PO1	S		1	Dr.Chaitra
186	24/09/2 4	Tue	4pm - 5pm	<b>Previous NL</b>	Lecture	CO6		S	K & KH		Dr.PNB
187	26/09/2	Thu	2pm-	<b>Samhita Pathana - CS Su 7.</b>	SL	C02	PO1	S		1	Dr.PBH

	4		3pm	Naveganadharaniya Adhyaya:						
188	26/09/2 4	Thu	4pm- 5pm	Previous NL	Lecture	CO6		K & KH	4	Dr.SBP
189	27/09/2 4	Fri	2pm- 3pm	Samhita Pathana - CS Su 7. Naveganadharaniya Adhyaya:	SL	CO2	PO1	S	1	Dr.RCG
190	28/09/2 4	Sat	11-12pm	14. Dividhropakramaniya Adhyaya Case based learning Find out the causative factors of Aishwalya in present era (On the basis of predesigned proforma) CBL Share video clip of any patient suffering from Atikarshya- On the basis of previous learning discuss the contributing factors responsible for mahourishment. (Explore Dhatu Sneha Parampara in present context).	Lecture	CO6	PO1, PO5	KH	4	Dr.Chaitra

Name of the faculty	Number of lectures	Number of non-lectures	Total
Dr. Savita B Padashetti	-	04	
Dr. Prabhakar B Hegade	03	04	
Dr. Praveen Bhirdi	02	04	30
Dr. Chaitra	04	03	
Dr.Rohit Gavali	02	04	

  
Sandip  
HOD

  
Vice Principal/Dean

Principal