

**SHRI. B.M. KANKANAWADI AYURVEDA MAHAVIDYALAYA**  
**A Constituent Unit of KAHER (Deemed-to-be-University)**  
**Re-Accredited 'A+' Grade by NAAC (3<sup>rd</sup> Cycle) III, Placed in Category 'A' by MHRD (GoI)**  
**Shahapur, BELAGAVI-590003 KARNATAKA**

**DEPT OF SWASTHAVRITTA**

**KLE-BMK/SWAST/2024-25/**

**Date: 31-05-2024**

**Unitized syllabus for II BAMS 2021 batch for the Month of JUNE 2024**

<b>SL. No</b>	<b>DATE</b>	<b>DAY</b>	<b>Time</b>	<b>TOPIC</b>		<b>Alignment with</b>		<b>Millers pyramid D/SH/K H/K</b>	<b>Blosso ms level</b>	<b>STAFF</b>
						<b>Co</b>	<b>Po</b>			
T117	3/06/2024	MON	10am-11am	Explain Epidemiological determinants, brief pathology, transmission, incubation period, clinical features, diagnosis and preventive measures of Ascariasis, Hookworm, Tapeworm	Lecture & PPT	CO2	PO3	KH	Level 2	Dr SST
T118	4/06/2024	TUE	9am-10am	Emerging and re-emerging diseases. Explain Role of Ayurveda in Epidemics like COVID-19, Zika Virus, H1N1, H3N2, etc	Lecture & Group discussion	CO2	PO3	KH	Level 2	Dr AMP
T119	5/06/2024	WED	2pm-3pm	Explain Sexually transmitted diseases (STDs) with prevention and control - Syphilis and Gonorrhoea.	Lecture & Group discussion	CO2	PO3	KH	Level 2	Dr Suma
T120	6/06/2024	THU	3pm- 4pm	<b>Remedial class</b>						Dr Suma

T121	8/06/2024	SAT	10am-11am	<b>Non-lecture Hour</b> Explain Epidemiological determinants, brief pathology, transmission, incubation period, clinical features, diagnosis and preventive measures of HIV/AIDS	Lecture & PPT	CO2	PO3	KH	Level 2	Dr SSS
T122	10/06/2024	MON	10am-11am	Explain the role of Ayurveda in the prevention and control with recent research updates in DM (Diabetes mellitus)	Lecture & PPT	CO2	PO3	KH	Level 2	Dr SST
T123	11/06/2024	TUE	9am-10am	<b>Non-lecture hour</b> Explain the role of Ayurveda in the prevention and control with recent research updates in Obesity	Edutainment	CO2	PO3	KH	Level 2	Dr AMP
T124	12/06/2024	WED	2pm-3pm	Explain the role of Ayurveda in the prevention and control with recent research updates in CAD (Coronary Artery Disease)	Lecture & PPT	CO2	PO3	KH	Level 2	Dr Sidhi
T125	15/06/2024	SAT	10am-11am	Explain the role of Ayurveda in the prevention and control with recent research updates in Cancer	Lecture & PPT	CO2	PO3	KH	Level 2	Dr SSS
T126	18/06/2024	TUE	9am-10am	Distinguish between Rajayoga, Hathayoga and Karmayoga.	Lecture & PPT	CO3	PO1, PO4	KH	Level 4	Dr AMP
T127	19/06/2024	WED	2pm-3pm	<b>Non-lecture hour</b> Describe Global importance of International Day of Yoga (IDY)	Edutainment	CO3	PO1, PO4	K	Level 2	Dr Suma
T128	22/06/2024	SAT	10am-11am	Explain Yogabhyasa Pratibandhakas and Yoga	Lecture & PPT	CO3	PO1, PO4	K/KH	Level 2	Dr SSS

				Siddhikarabhavas. Describe Mitahara and Pathya-apathyas during Yogabhyasa.					
T129	24/06/2024	MON	10am-11am	List out the Ashtangas of Yoga. Describe Yama and Niyama with meaning according to Yogasutras and Hathayogapradipika.	Lecture & PPT	CO3	PO1, PO4	K	Level 2 Dr SST
T130	25/06/2024	TUE	9am-10am	Define Asana and explain the importance of asana. Distinguish between asana and physical exercise.	Lecture & PPT	CO3	PO1, PO4	K	Level 1 Dr AMP
T131	26/06/2024	WED	2pm-3pm	<b>Non-Lecture Hour</b>  Describe adverse effects of improper Yoga practices. Explain Panchakosha theory.	Lecture & Group discussion	CO3	PO1, PO4	KH	Level 2 Dr Sidhi
T132	29/06/2024	SAT	10am-11am	Describe the procedure, benefits, indications, and contraindications of Standing Yoga Postures such as Ardhakatichakrasana, Padahastasana, Ardhabhakrasana, and Trikonasana.	Lecture with Video Clips	CO3	PO1, PO4	KH	Level 2 Dr SSS

### PRACTICALS TOPICS – JUNE 2024

SL. No	DATE	DAY	Time	TOPIC	Alignment with		Millers pyramid D/SH/ KH/K	Blossoms level	STAFF
					CO	PO			
<b>Batch B</b>									

P164	3/06/2024	MON	11-1pm	Demonstrate the therapeutic indication and nutritive value of Pathya Kalpana-Vilepi	CO8	PO9	D	Level 3	Dr Suma
P165	4/06/2024	TUE	11-1pm	Demonstrate the therapeutic indication and nutritive value of Pathya Kalpana-Yavagu	CO8	PO9	D	Level 3	Dr. SST
P166	5/06/2024	WED	11-1pm	Demonstrate the therapeutic indication and nutritive value of Pathya Kalpana-Odana	CO8	PO9	D	Level 3	Dr.SSS
P167	6/06/2024	THU	11-1pm	Demonstrate the therapeutic indication and nutritive value of Pathya Kalpana-Krishara	CO8	PO9	D	Level 3	Dr. Sidhi
P168	7/06/2024	FRI	11-1pm	Demonstrate the therapeutic indication and nutritive value of Pathya Kalpana-Yusha	CO8	PO9	D	Level 3	Dr.Sumu
P169	8/06/2024	SAT	11-1pm	Demonstrate the therapeutic indication and nutritive value of Pathya Kalpana-Takra	CO8	PO9	D	Level 3	Dr Naveen Monitored by Dr AMP
<b>Batch A</b>									
P170	10/06/2024	MON	11-1pm	Demonstrate the therapeutic indication and nutritive value of Pathya Kalpana-Vilepi	CO8	PO9	D	Level 3	Dr.Sumu
P171	11/06/2024	TUE	11-1pm	Demonstrate the therapeutic indication and nutritive value of Pathya Kalpana-Yavagu	CO8	PO9	D	Level 3	Dr. SST

P172	12/06/2024	WED	11-1pm	Demonstrate the therapeutic indication and nutritive value of Pathya Kalpana-Odana	CO8	PO9	D	Level 3	Dr.SSS
P173	13/06/2024	THU	11-1pm	Demonstrate the therapeutic indication and nutritive value of Pathya Kalpana-Krishara	CO8	PO9	D	Level 3	Dr.Sidhi
P174	14/06/2024	FRI	11-1pm	Demonstrate the therapeutic indication and nutritive value of Pathya Kalpana-Yusha	CO8	PO9	D	Level 3	Dr.Sidhi
P175	15/06/2024	SAT	11-1pm	Demonstrate the therapeutic indication and nutritive value of Pathya Kalpana-Takra	CO8	PO9	D	Level 3	Dr Padmaveer Monitored by Dr AMP
P176	18/06/2024	TUE	11-1pm	Prepare/Prescribe the dietary regime for different occupations / activities, age groups, and physiological conditions.	CO8	PO9	D	Level 3	Dr.SST
P177	19/06/2024	WED	11-1pm	Prepare/Prescribe the diet and lifestyle regimen (pathya- apathy) with reference to Ahara and Vihara for each ritu.	CO8	PO9	D	Level 3	Dr SSS
<b>Batch E</b>									
P178	20/06/2024	THU	11-1pm	Demonstrate the therapeutic indication and nutritive value of Pathya Kalpana-Vilepi	CO8	PO9	D	Level 3	Dr.Sidhi

P179	21/06/2024	FRI	11-1pm	Demonstrate the therapeutic indication and nutritive value of Pathya Kalpana-Yavagu	CO8	PO9	D	Level 3	Dr.Suma
P180	22/06/2024	SAT	11-1pm	Demonstrate the therapeutic indication and nutritive value of Pathya Kalpana-Odana	CO8	PO9	D	Level 3	Dr Sholly Monitored by Dr AMP
P181	24/06/2024	MON	11-1pm	Demonstrate the therapeutic indication and nutritive value of Pathya Kalpana-Krishara	CO8	PO9	D	Level 3	Dr.Suma
P182	25/06/2024	TUE	11-1pm	Demonstrate the therapeutic indication and nutritive value of Pathya Kalpana-Yusha	CO8	PO9	D	Level 3	Dr.SST
P183	26/06/2024	WED	11-1pm	Demonstrate the therapeutic indication and nutritive value of Pathya Kalpana-Takra	CO8	PO9	D	Level 3	Dr.SSS
P184	27/06/2024	THU	11-1pm	Prepare the dietary regime according to different Prakriti.	CO8	PO9	SH	Level 3	Dr.Sidhi
P185	28/06/2024	FRI	11-1pm	Prepare/Prescribe the dietary regime for different occupations / activities, age groups, and physiological conditions.	CO8	PO9	D	Level 3	Dr.Sidhi
P186	29/06/2024	SAT	11-1pm	Prepare/Prescribe the diet and lifestyle regimen (pathya- apathy) with reference to Ahara and Vihara for each ritu.	CO8	PO9	D	Level 3	Dr Vidya Monitored by Dr AMP

## Class Distribution

NAME OF FACULTY	NUMBER OF CLASSES		
	LH - Theory	NLH	Practical
Dr. Ashok Patil	3	1	4
Dr. Sanjeev Tonni	3	0	4
Dr. Sandeep Sagare	3	1	4
Dr. Sidhi	1	1	6
Dr. Suma	1	1	5
Mrs. Rashmi	0	0	0
<b>Total</b>	<b>11</b>	<b>4</b>	<b>23</b>

**HOD**

**UG Dean**

**Principal**