



KAHER's  
Shri B. M. Kankanawadi Ayurveda Mahavidyalaya,  
Shahapur, Belagavi – 590003, Karnataka



**DEPARTMENT OF SWASTHAVRITTA & YOGA**

**MD Part- I Unitized Syllabus for the Month of AUGUST - 2024**

**Duration: Th – 1 hr each topic, Pr / Cl – 1 hr each topic**

T630	01/08/2024	THU	02:30 PM – 03:30 PM	Applied aspect of dharaneeya vega in Health promotion and prevention diseases with examples	THEORY	Dr.Sidhi
			04:00 PM – 05:00 PM	PUBLICATION REVIEW	Staff and scholars	
T631	02/08/2024	FRI	02:30 PM – 3:30PM	Shloka seminar-Cha Sa 2/46-47	PG Scholar	Dr Naveen
				Formulation Seminar-Soubhagya Shunti Paka		Dr Pallavi
			4:00PM-5:00PM	MDL	Staff and scholars	
T632	03/08/2024	SAT	12:30 PM – 1:30 PM	Modern day diseases and Different occupation and its diseases	THEORY	Dr.Sandeep Sagare
T633	05/08/2024	MON	02:30 PM – 03:30 PM	Applied aspect of adharaneeya vega in Health promotion and prevention diseases with examples	THEORY	Dr .Sanjeev Tonni
			04:00 PM – 05:00 PM	Shali and Nartaki Peya	PRACTICAL	Dr Suma
T634	06/08/2024	TUE	02:30 PM – 4:00PM	Formulation Seminar – Amrutha prasha ghritha	PG Scholar	Dr Padmaveer
				Shloka Seminar-: AH SU 4/28-29		Dr Shivaleela
			04:00 PM – 05:00 PM	CCP	Staff and scholars	
T635	07/08/2024	WED	2:30 PM - 5:00 PM	GS & JAR	Staff and scholars	



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T636	08/08/2024	THU	02:30 PM – 03:30 PM	Details of Ahara and Poshana as per Samhitas and its role in changing diet patterns of present era	THEORY	Dr Sidhi
			04.00 PM – 05:00 PM	EDUTAINMENT	Staff & Scholars	
T637	09/08/2024	FRI	02:30 PM – 04:00 PM	Investigation Seminar-RFT	PG Scholar	Dr Shreekala
			Investigation Seminar-Karada Scan	Dr Vishnupriya		
			4:00pm-5:00pm	MDL	Staff & Scholars	
T638	10/08/2024	SAT	12:30 PM – 1:30 PM	Applied aspect of Pancha Mahabhutas in Nature Cure	THEORY	Dr Ashok Patil
T639	12/08/2024	MON	02:30 PM – 03:30 PM	Importance of Family Planning methods in National development	THEORY	Dr Suma
			03:30 PM – 04:30 PM	Yogic sukshma and sthula vyayama	YOGA PRACTICAL	Mrs Rashmi
T640	13/08/2024	TUE	2:30PM-3:30PM	Formulation Seminar-Shatavari Guda	PG Scholar	Dr Sholly
			Subject seminar- Typhoid	Dr Arshia		
			4:00PM-5:00PM	CCP	Staff and scholars	
T641	14/08/2024	WED	12 :30 – 1:30PM	GS & JAR	Staff and scholars	
T642	16/08/2024	FRI	02:30 PM – 04:00 PM	Subject Seminar – Influenza	PG Scholar	Dr Akankshya
			Food Specimen seminar-Masura&Kukkutta Anda	Dr Pooja		





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			04:00 PM – 05:00 PM	MDL	Staff & Scholars	
T643	17/08/2024	SAT	12:30 PM – 01:30 PM	<u>Kriyakala and its importance in disease prevention</u>	THEORY	Dr Sidhi
T644	19/08/2024	MON	02:30 PM – 03:30 PM	<u>National Health Policy as per Alma Ata declaration</u>	THEORY	Dr Ashok Patil
			03:30 PM – 04:30 PM	<u>Shali Vilepi</u>	PRACTICAL	Dr Suma
T645	20/08/2024	TUE	2:30 PM- 4:00 PM	Classical Text Review- Vaidya Jeevana	PG Scholar	Dr Arpith
				Investigation Seminar- PET Scan		Dr Alok
			4 PM-5 PM	CCP	Staff & Scholar	
T646	21/08/2024	WED	2:30 PM – 5:00 PM	GS & JAR	Staff & Scholar	
T647	22/08/2024	THU	2:30PM- 3:30PM	<u>Epidemiological triad explanation</u>	THEORY	Dr Suma
			3:30-4:30PM	<u>Shali, Dashamoola yavagu</u>	PRACTICAL	Dr. Sidhi
T648	23/08/2024	FRI	2:30PM- 4:00PM	Sloka Seminar-AH Su – 4/32-34	PG Scholar	Dr Rakthimabha
				Subject Seminar – Takra Prayoga		Dr Subhrajyothi
			4:00PM- 5:00PM	MDL	Staff & Scholar	
T649	24/08/2024	SAT	12:30PM- 01:30PM	<u>Role of Swasthavritta in Maternal and Child health care</u>	THEORY	Dr Sidhi





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T650	26/08/2024	MON	2:30PM-3:30PM	<u>Role of Swasthavritta and yoga in Sports Medicine</u>	THEORY	Dr Sandeep Sagare
			4:00PM-5:00PM	Library	Staff & Scholar	
T651	27/08/2024	TUE	2:30PM-4:00PM	Classical Text Review-Chakradatta	PG Scholar	Dr Sushma
				Food Specimen Seminar-Matsya & Sunflower Oil		Dr Vidya
			4:00-5:00PM	CCP	Staff & Scholar	
T652	28/08/2024	WED	2:30 PM-5:00 PM	GS & JAR	Staff & Scholar	
T653	29/08/2024	THU	2:30 PM-3:30 PM	<u>Ayurvedic methods of birth control(yoga ratnakara)</u>	THEORY	Dr Sanjeev Tonni
			4:00 PM-5:00 PM	PUBLICATION REVIEW	Staff & Scholar	
T654	30/08/2024	FRI	2:30 PM-4:00 PM	Classical Text Review-Basavarajeeyam	PG Scholar	Dr Aastha
				Food Specimen-Vasa&Cashew Nut		Dr Swasthik
			4:00 PM-5:00 PM	MDL	Staff & Scholar	
T655	31/08/2024	SAT	12:30 PM-01:30 PM	<u>Nidra as per classics .effects of changing patterns of sleep on health</u>	THEORY	Dr Sanjeev Tonni

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Date – 28/07/2024

**Faculty Class distribution:**

Faculty	Theory Class	Practical
Dr. Ashok Patil	2	-
Dr. Sanjeev S Tonni	3	-
Dr. Sandeep S Sagare	2	-
Dr. Suma Rajaput	2	2
Dr. Siddhi PrabhuDesai	4	1
Mrs.Rashmi	-	1
	Edutainment	1
	Publication Review	2
	Library	1

  
HOD

Dept. of Swasthavritta & Yoga  
Head of the Department  
Department of Swasthavritta  
KAHER's Shri B. M. Kankanawadi Ayurveda  
Mahavidyalaya, Shahapur, Belagavi

  
PG Coordinator

  
Principal