Re-Accredited 'A+', Grade by NAAC (3rd Cycle) III, Placed in Category 'A' by MHRD (GoI) SHRI. B.M. KANKANAWADI AYURVEDA MAHAVIDYALAYA A Constituent Unit of KAHER (Deemed-to-be-University) Shahapur, BELAGAVI-590003 KARNATAKA

DEPT OF SWASTHAVRITTA

KLE-BMK/SWAST/2024-25/92

Unitized syllabus for II BAMS 2021 batch for the Month of AUGUST 2024 Date: 30-07-2024

SIL DATE DAY Time TOPIC TI Alignment with Mille Blooms STAFF No PO PO PO PO PO PO PO P
DATE DAY Time
THEORY TOPICS AUGUST-2024 Time TOPIC TL Alignment with rs level d CO PO mid Dysra lam Describe the concept of Panchabhutopasana. WED 2pm- MON 10am Explain the procedure and therapeutic effects of 11am Sun batth. TUE 9am- Sun batth. Non-lecture hour 11am Non-lecture ho
Time TOPIC TOPICS AUGUST-2024 Time TOPIC TOPIC TIL Alignment with rs level of Naturopathy. 10am
THEORY TOPICS AUGUST-2024 TOPIC TL metho d Alignment with method Mille rs level Blooms rs level Sept of Naturopathy. L & CO PO Pod mid logs. Level logs. <th< td=""></th<>
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Mille Blooms S
Blooms S level D Level 2 D
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1160 24008/202 11UE 9am. and elements of primary health care. Describe the principles L.& CO1,CO2, PO1,PO2,P K Level Dr.A.										
4	No SL.		T166	T165	T164	T163	T16.	TIG	11	
TUE 9am	DATE		31/08/202	28/08/202						4
Define Primary Health Care. Describe the principles of hand elements of primary health care and the levels of health care. Describe the Structure at village, sub-centre, PHC L& CO1,CO2, PO1,PO2,P K Level 2 Dr. St.	DA Y		SAT	WED	TUE	MON				
Primary Health Care. Describe the principles heare. L& CO1,CO2, PO1,PO2,P K Level 1 Dr Ab	Time		10am- 11am	2pm- 3pm	9am- 10am	10am- 11am	10am- 11am	2pm- 3pm	9am- 10am	
PO1,PO2,P K Level 1 Dr Alvo4,PO6, Do3,PO5, PO3,PO5, PO3,P	TOPIC	PRACTICALS TOPICS -	Explain the MCH problems & enlist the indicators of MCH care	Describe the objectives of Maternal and Child Care services.	Non-lecture hour Describe primary health care in NGOs, and the AYUSH sector. Describe the role of Ayurveda in Primary Health Care.	Describe primary health care in Health insurance, Private agencies, Voluntary health agencies	Describe the Structure at CHC, Rural hospital levels	Describe the Structure at village, sub-centre, PHC levels	Define Primary Health Care. Describe the principles and elements of primary health care and the levels of health care.	Citizen
PO1,PO2,P K Level 1 Dr Alvo4,PO6, Do3,PO5, PO3,PO5, PO3,P	TL metho d	AUGUS	PPT 4	, , ,	PPT	PPT PPT	PPT PP	P P		
K Level 1 Dr AM K Level 2 Dr Si P K Level 2 Dr Si P K Level 2 Dr Si P K Level 2 Dr Si Nille Blosso rs m level D/SH/ KH/K	Align	T 2024	CO2,CO3,	CO2,CO3,	CO1,CO2, CO 3,CO4,CO5	CO1,CO2, CO 3,CO4,CO5 ,C O8	CO1,CO2, CO 3,CO4,CO5 ,CO8	CO1,CO2, CO 3,CO4,CO5	CO1,CO2, CO 3,CO4,CO5 ,CO8	
K Level 1 Dr AM K Level 2 Dr Si Mille Blosso rs m level pyra mid D/SH/ KH/K	PO		PO1,PO4, PO3, PO9	PO1,PO4,	PO1,PO2,P O4,PO6, PO3,PO5, PO8, PO9	PO1,PO2,P O4,PO6, PO3,PO5, PO8, PO9	PO1,PO2,P O4,PO6, PO3,PO5, PO3, PO9	PO1,PO2,P O4,PO6, PO3,PO5, PO8, PO9	PO1,PO2,P O4,PO6, PO3,PO5, PO8, PO9	
evel 2 Dr Si evel 2 Dr Si Level 2 Dr. S Level 2 Dr. S Level 2 Dr. S Level 2 Dr. S Blosso m level Blosso m level	Pyr mii D/S		~	~		~	*	~		
Dr Si	^		Level & Lev	Level 2	Level 2	Level 2	Level 2	Level 2	Level I	
FF.	sso STAFF	-	1 Dr SSS	2 Dr Suma	Dr AMP	Dr. SST	Dr SSS	Dr Sidhi	Dr AMP	

1 VC | CO3 | PO1, | NII

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	P202	P201	P					
			P200	P199	P198	P197	P196	_
	9/08/2024	8/08/2024	7/08/2024	6/08/2024	5/08/2024	2/08/2024		
	FRI	ОНТ	WE D	TUE	NO	FRI	4 THU	
	11-1pm	11-1pm	11-1pm	11-1pm	11-1pm	11-1pm	U 11-1pm	
Batch E	Demonstrate communication methods for health education.	Assess various Anthropometric variables like Weight, height, and BMI (including differentiation between Sara) and Mid-arm Circumference in order to assess the state of nutrition	Document the maintenance of various equipment and appliances used in the kitchen/ diet section of the hospital such as cooking gas, pressure cooker, mixer-grinder, microwave oven, refrigerator	Plan a dietary menu for any one individual according to prakriti, agni, Sara, satva, age, sex, occupation/ activity, and season based on the regional food habits with serving sizes with different food exchange/options.	Plan Ahara-Vihara based on the different Ritus(preparation of diet and lifestyle charts for each ritu)	Plan the dietary menu for different occupations / Activities, Age groups, and physiological conditions. (diet chart for 1-5 years child, 6-18 years, 18& above till 60 years, above 60 years, sedentary, sedentary intellectuals, night shifts, drivers, standing professionals. physiological conditions like Garbhini, Sutika, Kshirapa, Ksheerada, Ksheerannada, Annada etc,)	n Mention the nutritive value of the following preparations per 100gm and calculate the food portions/serving size of the Paanaka	
	DIS, W	PSM	PL	IBL	PrBL	CBL	PT	
- "	COS	C08	CO8	CO8	CO8	CO8	CO8	
	PO9	PO9	PO9	PO9	PO9	PO9	PO9	
	HS	D	D	D	D	D	D	
	Level 3	Level 4	Level 4	Level 3,	Level 3,	Level 3, 4	Level 2 & Level 3	
3	Dr.Sidhi	Dr.Sidhi	Dr.SSS	Dr.SST	Dr.Suma	Dr.Suma	Dr.Sidhi	
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P210	010	F209	P208	1207	B307	P205	P204	P203
22/08/2024	200/80/20	21/08/2024	20/08/2024	17/06/2024	10/00/2024	16/08/2024	13/08/2024	12/08/2024
	_	DWE	TUE	Z 3		D WE	TUE	NO
11-1pm		11-1pm	11-1pm	11-1pm	i -i piii	11-1pm	11-1pm	11-1pm
Document the maintenance of various equipment and appliances used in the kitchen/ diet section of the hospital such as cooking gas, pressure cooker, mixer-grinder, microwave oven, refrigerator	Batch D	Demonstrate communication methods for health education.	Mention the nutritive value of the following preparations per 100gm and calculate the food portions/serving size of the Paanaka	and appliances used in the kitchen/ diet section of the hospital such as cooking gas, pressure cooker, mixer-grinder, microwave oven, refrigerator	according to prakriti, agni, Sara, satva, age, sex, occupation/ activity, and season based on the regional food habits with serving sizes with different food exchange/options.	Plan Ahara-Vihara based on the different Ritus(preparation of diet and lifestyle charts for each ritu)	Plan the dietary menu for different occupations / Activities, Age groups, and physiological conditions. (diet chart for 1-5 years child, 6-18 years, 18& above till 60 years, above 60 years, sedentary, sedentary intellectuals, night shifts, drivers, standing professionals. physiological conditions like Garbhini, Sutika, Kshirapa, Ksheerada, Ksheerannada, Annada etc,)	Assess va. lous Anthropometric variables like Weight, height, and BMI (including differentiation between Sara) and Mid-arm Circumference in order to assess the state of nutrition
PL		DIS, W	PT	PL	BL	PrBL	CBL	PMS
CO8		COS	CO8	CO8	CO8	CO8	CO8	(60)
PO9		PO9	PO9	PO9	PO9	PO9	PO9	PO9
D		HS	D	D	D	D	D	D
Level 4		Level 3	Level 2,3	Level 4	Level 3,	Level 3,	Level 3,	Level 4
Dr.Sidhi		Dr.SSS	Dr.SST	Dr.Suma	Dr.Suma	Dr.SSS	Dr.SST	Dr.Suma
	and appliances used in the kitchen/ diet section of the hospital such as cooking gas, pressure cooker, mixer-grinder, microwave oven, refrigerator	22/08/2024 THU 11-1pm Document the maintenance of various equipment and appliances used in the kitchen/ diet section of the hospital such as cooking gas, pressure cooker, mixer-grinder, microwave oven, refrigerator	Position Demonstrate communication methods for health DIS, W CO5 PO9 SH Level 3 education. Batch D 22/08/2024 THU 11-1pm Document the maintenance of various equipment and appliances used in the kitchen/ diet section of the hospital such as cooking gas, pressure cooker, mixer-grinder, microwave oven, refrigerator PL CO8 PO9 D Level 4	20/08/2024 TUE 11-1pm Mention the nutritive value of the following preparations per 100gm and calculate the food portions/serving size of the Paanaka 21/08/2024 WE 11-1pm Demonstrate communication methods for health DIS, W CO5 PO9 SH Level 3 22/08/2024 THU 11-1pm Document the maintenance of various equipment and appliances used in the kitchen/ diet section of the hospital such as cooking gas, pressure cooker, mixer-grinder, microwave oven, refrigerator	N Document the maintenance of various equipment N Document the maintenance of various equipment and appliances used in the kitchen/ diet section of the hospital such as cooking gas, pressure cooker, mixer-grinder, microwave oven, refrigerator 8 20/08/2024 TUE 11-1pm Mention the nutritive value of the following preparations per 100gm and calculate the food prortions/serving size of the Paanaka 9 21/08/2024 WE 11-1pm Demonstrate communication methods for health DIS, W CO5 PO9 SH Level 3 2,3 10 22/08/2024 THU 11-1pm Document the maintenance of various equipment and appliances used in the kitchen/ diet section of the hospital such as cooking gas, pressure cooker, mixer-grinder, microwave oven, refrigerator	rian a dictary menu for any one individual according to prakriti, agni, Sara, sativa, age, sex, occupation/ activity, and season based on the regional food habits with serving sizes with different food exchange/options. 19/08/2024 MO 11-1pm Document the maintenance of various equipment the hospital such as cooking gas, pressure cooker, mixer-grinder, microwave oven, refrigerator 20/08/2024 TUE 11-1pm Mention the nutritive value of the following preparations per 100gm and calculate the food portions/serving size of the Paanaka 21/08/2024 WE 11-1pm Document the maintenance of various equipment and appliances used in the kitchen/ diet section of the hospital such as cooking gas, pressure cooker, mixer-grinder, microwave oven, refrigerator Batch D 22/08/2024 THU 11-1pm Document the maintenance of various equipment and appliances used in the kitchen/ diet section of the hospital such as cooking gas, pressure cooker, mixer-grinder, microwave oven, refrigerator	H408/2024 WE 11-1pm Plan Ahara-Vihara based on the different class of the hospital such as cooking gas, pressure cooker, mixer-grinder, microwave oven, refrigerator cooker, mixer-grinder, microwave oven, refrigerator class oven,	Plan the deleary menu for different occupations / CBL CO8 PO9 D Level 3, Dr. Activities, Age groups, and physiological conditions. (diet chart for 1-5 years child, 6-18 years, 18c above till 60 years, above 60 years, sedentary, sedentary intellectuals, night shifts, drivers, standing professionals, physiological conditions like Garbhini, Suitka, Kshirapa, Ksherrannada, Annada etc.,.) 14/08/2024 WE 11-1pm Plan Ahara-Viliara based on the different cach ritu) Plan a dietary menu for any one individual according to prakrii, agni, Sara, salva, age, sex, occupation/ activity, and season based on the regional food habits with serving sizes with different food exchange/options. Document the maintenance of various equipment PL CO8 PO9 D Level 3, D proparation the nutritive value of the following preparation the nutritive value of the following preparation proparations per 100gm and calculate the food D portions/Serving size of the Panakta 21/08/2024 Til 11-1pm Demonstrate communication methods for health DIS, W CO5 PO9 D Level 1 Individual D Document the maintenance of various equipment PL CO8 PO9 D Level 1 Individual D Document the maintenance of various equipment PL CO8 PO9 D Level 1 Individual D Document the maintenance of various equipment PL CO8 PO9 D Level 1 Individual D Document the maintenance of various equipment PL CO8 PO9 D Level 1 Individual D Document the maintenance of various equipment PL CO8 PO9 D Level 1 Individual D Document the maintenance of various equipment PL CO8 PO9 D Level 1 Individual D Document the maintenance of various equipment PL CO8 PO9 D Level 1 Individual D Document the maintenance of various equipment PL CO8 PO9 D Level 1 Individual D Document the maintenance of various equipment PL CO8 PO9 D Level 1 Individual D D Document the maintenance of various equipment PL CO8 PO9 D Level 1 Individual D Document the maintenance of various equipment PL CO8 PO9 D Level 1 Individual D D Document the maintenance of various equipment PL CO8 PO9 D Level 1 Individual D Document the maintenance of v

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1210	P217	F216	7213	2114	7174	P213	P212	
51/00/2024	31/08/2024	29/08/2024	28/08/2024	7700/2024	77/00/00/00	26/08/2024	24/08/2024	
SAI	FAT	OHI	D WE	100		MO	SAT	
mdr-11	11-1pm	11-1pm	11-1pm	11-1pm		11-1pm	11-1pm	md1-11
Activities, Age groups, and physiological conditions. (diet chart for 1-5 years child, 6-18 years, 18& above till 60 years, above 60 years, sedentary, sedentary intellectuals, night shifts, drivers, standing professionals, physiological	Document the maintenance of water sanitation, waste disposal, food hygiene, etc,. in the hospital canteen/ pathya section/cafeteria	Counsel the adopted individuals/employer (2) and analyze the health trajectory(individual following the prescribed regimen) of the adopted individual/employer under the overall guidance of the mentor	Conduct periodic check-ups for allotted individual/employer (2) health status / occupational health status and if any treatment is prescribed then coordinate the treatment under the overall guidance of the Mentor	Collect the demographic profile of allotted 2 subjects/Individuals (one from the community and one from employees of the college/hospital) and conduct clinical examination (Assess Prakriti, Sattva, Saara, etc.)	materials (dinacharya practices, sadvritta practices, family planning methods, breast feeding techniques, environmental hygeine, preventive and control measures of comuunicable and non communicable diseases etc.) to the target population in the community.	education. Demonstrate/present different health education	to assess the state of nutrition Demonstrate communication methods for health	Assess various Anthropometric variables like Weight, height, and BMI (including differentiation between Sara) and Mid.
CBL	PrBL	PT	PT	IBL	PW,R P	DIST.	DIS W	PSM &
COS	CO2,CO6, CO 7,CO8	CO2,CO6, CO 7,CO8	C02,C06, C07,C08	C02,C06, C07,C08	Ş			CO8
PO9	PO3,PO2,P O5,PO3,PO 4,PO9	PO3,PO2,P O5,PO3,PO 4,PO9	PO3,PO2,P O5,PO3,PO 4,PO9	PO3,PO2,P O5,PO3,PO 4,PO9	P08	PO8		PO9
D	KH	D	D	D	HS	HS		D
Level 3,	Level 2	Level 3	Level 4	Level 4	Level 3	Level 3		Level 4
Dr.Navee n Monitore d by Dr.AMP	Dr.Suma	Dr.Sidhi	Dr.SSS	Dr.SST	Dr.Suma	Dr.akanks hya Monitore d by Dr.AMP		Dr.Sidhi

conditions ...e Garbhini, Sutika, Kshirapa, Ksheerada, Ksheerannada, Annada etc...)

Class Distribution

HOAB Head of the Department of									
Hob Head of the Department Department of Swesthartics Ses Shri S. M. Kankanawati Ayuruesa Maradvalaya, Shahapur, Belagavi	Total	Mrs. Rashmi	Dr. Suma	Dr. Sidhi	Dr. Sandeep Sagare	Dr. Sanjeev Tonni	Dr. Ashok Patil		NAME OF FACULITY
UG Dean Jo 7724	10	0	2		2	3	2	LH - Theory	NUMB
	4	0	0	1	0	1	2	NLH	IBER OF CLASSES
Principal	23	0	7	6	4	4	2	Practical	