

SHRI. B.M. KANKANAWADI AYURVEDA MAHAVIDYALAYA
A Constituent Unit of KAHER (Deemed-to-be-University)
Re-Accredited 'A+' Grade by NAAC (3rd Cycle) III, Placed in Category 'A' by MHRD (GoI)
Shahapur, BELAGAVI-590003 KARNATAKA
DEPT OF SWASTHAVRITTA

KLE-BMK/SWAST/2024-25/92

Unitized syllabus for II BAMS 2021 batch for the Month of AUGUST 2024

Date: 30-07-2024

THEORY TOPICS AUGUST-2024

SL. No	DATE	DAY	Time	TOPIC	TL method	Alignment with		Mile pyramid D/SH/KH/K	Blooms level	STAFF						
						CO	PO									
T153	5/08/2024	MON	10am-11am	Explain the basic principles of Naturopathy. Describe the concept of Panchabhutopasana.	L & PPT	CO3	PO1,PO4	KH & K	Level2	Dr. SST						
T154	6/08/2024	TUE	9am-10am	6th Periodical Assessment						Dr AMP						
T155	7/08/2024	WED	2pm-3pm							Non-lecture hour Explain the procedure and therapeutic effects of Mud therapy.	L_VC	CO3	PO1,PO4	KH	Level2	Dr Sidhi
T156	12/08/2024	MON	10am-11am							Explain the procedure and therapeutic benefits of Sun bath.	L_VC	CO3	PO1,PO4	KH	Level2	Dr. SST
T157	13/08/2024	TUE	9am-10am							Non-lecture hour Explain Fasting therapy and its types and benefits.	L & PPT	CO3	PO1,PO4	KH	Level2	Dr AMP
T158	14/08/2024	WED	2pm-3pm							Explain hydrotherapy, types of water used based on the temperature and therapeutic effects of Hydrotherapy.	L_VC	CO3	PO1,PO4	KH	Level 2	Dr Suma
T159	19/08/2024	MON	10am-11am	Non-lecture hour Describe types, methods and benefits of massage.	L_VC	CO3	PO1,PO4	KH	Level 2	Dr. SST						

SL. No	DATE	DAY	Time	TOPIC	TL method	Alignment with		Milestones pyramidal D/SH/ KH/K	Blossom level	STAFF
						CO	PO			
T160	20/08/2024	TUE	9am-10am	Define Primary Health Care. Describe the principles and elements of primary health care and the levels of health care.	L & PPT	CO1,CO2,CO3,CO4,CO5	PO1,PO2,P04,PO6,PO3,PO5,PO8,PO9	K	Level 1	Dr AMP
T161	21/08/2024	WED	2pm-3pm	Describe the Structure at village, sub-centre, PHC levels	L & PPT	CO1,CO2,CO3,CO4,CO5	PO1,PO2,P04,PO6,PO3,PO5,PO8,PO9	K	Level 2	Dr Sidhi
T162	24/08/2024	SAT	10am-11am	Describe the Structure at CHC, Rural hospital levels	L & PPT	CO1,CO2,CO3,CO4,CO5	PO1,PO2,P04,PO6,PO3,PO5,PO8,PO9	K	Level 2	Dr SSS
T163	26/08/2024	MON	10am-11am	Describe primary health care in Health insurance, Private agencies, Voluntary health agencies	L & PPT	CO1,CO2,CO3,CO4,CO5	PO1,PO2,P04,PO6,PO3,PO5,PO8,PO9	K	Level 2	Dr. SST
T164	27/08/2024	TUE	9am-10am	Non-lecture hour Describe primary health care in NGOs, and the AYUSH sector. Describe the role of Ayurveda in Primary Health Care.	L & PPT	CO1,CO2,CO3,CO4,CO5	PO1,PO2,P04,PO6,PO3,PO5,PO8,PO9	K	Level 2	Dr AMP
T165	28/08/2024	WED	2pm-3pm	Describe the objectives of Maternal and Child Care services.	L	CO2,CO3,CO8	PO1,PO4,PO3,PO9	K	Level 2	Dr Suma
T166	31/08/2024	SAT	10am-11am	Explain the MCH problems & enlist the indicators of MCH care	L & PPT	CO2,CO3,CO8	PO1,PO4,PO3,PO9	K	Level 1 & Level 2	Dr SSS

PRACTICALS TOPICS – AUGUST 2024

Batch A

P196	1/08/2024	THU	11-1pm	Mention the nutritive value of the following preparations per 100gm and calculate the food portions/serving size of the Paanaka	PT	CO8	PO9	D	Level 2 & Level 3	Dr.Sidhi
P197	2/08/2024	FRI	11-1pm	Plan the dietary menu for different occupations / Activities, Age groups, and physiological conditions. (diet chart for 1-5 years child, 6-18 years, 18& above till 60 years, above 60 years, sedentary, standing intellectuals, night shifts, drivers, standing professionals. physiological conditions like Garbhini, Suitika, Kshirapa, Ksheerada, Ksheerannada, Annada etc..)	CBL	CO8	PO9	D	Level 3, 4	Dr.Suma
P198	5/08/2024	MO	11-1pm	Plan Ahara-Vihara based on the different Ritus(preparation of diet and lifestyle charts for each ritu)	PrBL	CO8	PO9	D	Level 3, 4	Dr.Suma
P199	6/08/2024	TUE	11-1pm	Plan a dietary menu for any one individual according to prakriti, agni, Sara, satva, age, sex, occupation/ activity, and season based on the regional food habits with serving sizes with different food exchange/options.	IBL	CO8	PO9	D	Level 3, 4	Dr.SST
P200	7/08/2024	WE	11-1pm	Document the maintenance of various equipment and appliances used in the kitchen/ diet section of the hospital such as cooking gas, pressure cooker, mixer-grinder, microwave oven, refrigerator	PL	CO8	PO9	D	Level 4	Dr.SSS
P201	8/08/2024	THU	11-1pm	Assess various Anthropometric variables like Weight, height, and BMI (including differentiation between Sara) and Mid-arm Circumference in order to assess the state of nutrition	PSM	CO8	PO9	D	Level 4	Dr.Sidhi
P202	9/08/2024	FRI	11-1pm	Demonstrate communication methods for health education.	DIS, W	CO5	PO9	SH	Level 3	Dr.Sidhi

Batch E

P203	12/08/2024	MO N	11-1pm	Assess various Anthropometric variables like Weight, height, and BMI (including differentiation between Sara) and Mid-arm Circumference in order to assess the state of nutrition	PMS	CO8	PO9	D	Level 4	Dr.Suma
P204	13/08/2024	TUE	11-1pm	Plan the dietary menu for different occupations / Activities, Age groups, and physiological conditions. (diet chart for 1-5 years child, 6-18 years, 18& above till 60 years, above 60 years, sedentary, sedentary/ intellectuals, night shifts, drivers, standing professionals, physiological conditions like Garbhini, Sutika, Kshirapa, Ksheerada, Ksheerannada, Annada etc,..)	CBL	CO8	PO9	D	Level 3, 4	Dr.SST
P205	14/08/2024	WE D	11-1pm	Plan Ahara-Vihara based on the different Ritus(preparation, of diet and lifestyle charts for each ritu)	PrBL	CO8	PO9	D	Level 3, 4	Dr.SSS
P206	16/08/2024	FRI	11-1pm	Plan a dietary menu for any one individual according to prakriti, agni, Sara, satva, age, sex, occupation/ activity, and season based on the regional food habits with serving sizes with different food exchange/options.	IBL	CO8	PO9	D	Level 3, 4	Dr.Suma
P207	19/08/2024	MO N	11-1pm	Document the maintenance of various equipment and appliances used in the kitchen/ diet section of the hospital such as cooking gas, pressure cooker, mixer-grinder, microwave oven, refrigerator	PL	CO8	PO9	D	Level 4	Dr.Suma
P208	20/08/2024	TUE	11-1pm	Mention the nutritive value of the following preparations per 100gm and calculate the food portions/serving size of the Paanaka	PT	CO8	PO9	D	Level 2,3	Dr.SST
P209	21/08/2024	WE D	11-1pm	Demonstrate communication methods for health education.	DIS, W	CO5	PO9	SH	Level 3	Dr.SSS
Batch D										
P210	22/08/2024	THU	11-1pm	Document the maintenance of various equipment and appliances used in the kitchen/ diet section of the hospital such as cooking gas, pressure cooker, mixer-grinder, microwave oven, refrigerator	PL	CO8	PO9	D	Level 4	Dr.Sidhi
P211	23/08/2024	FRI	11-1pm	Assess various Anthropometric variables like Weight, height, and BMI (including differentiation	PSM	CO8	PO9	D	Level 4	Dr.Sidhi

P211	23/08/2024	FRI	11-1pm	Assess various Anthropometric variables like Weight, height, and BMI (including differentiation between Sara) and Mid-arm Circumference in order to assess the state of nutrition	PSM	CO8	PO9	D	Level 4	Dr.Sidhi
P212	24/08/2024	SAT	11-1pm	Demonstrate communication methods for health education.	DIS, W	CO5	PO8	SH	Level 3	Dr.akankshya Monitored by Dr.AMP
P213	26/08/2024	MO N	11-1pm	Demonstrate/present different health education materials (dincharya practices, sadvritta practices, family planning methods, breast feeding techniques, environmental hygiene, preventive and control measures of communicable and non-communicable diseases etc.) to the target population in the community.	DIS, T PW, R, P	CO5	PO8	SH	Level 3	Dr.Suma
P214	27/08/2024	TUE	11-1pm	Collect the demographic profile of allotted 2 subjects/Individuals (one from the community and one from employees of the college/hospital) and conduct clinical examination (Assess Prakriti, Sattva, Saara, etc.)	IBL	CO2,CO6, CO 7,CO8	PO3,PO2,P O5,PO3,PO 4,PO9	D	Level 4	Dr.SST
P215	28/08/2024	WE D	11-1pm	Conduct periodic check-ups for allotted individual/employer (2) health status / occupational health status and if any treatment is prescribed then coordinate the treatment under the overall guidance of the Mentor	PT	CO2,CO6, CO 7,CO8	PO3,PO2,P O5,PO3,PO 4,PO9	D	Level 4	Dr.SSS
P216	29/08/2024	THU	11-1pm	Counsel the adopted individuals/employer (2) and analyze the health trajectory(individual following the prescribed regimen) of the adopted individual/employer under the overall guidance of the mentor	PT	CO2,CO6, CO 7,CO8	PO3,PO2,P O5,PO3,PO 4,PO9	D	Level 3	Dr.Sidhi
P217	30/08/2024	FRI	11-1pm	Document the maintenance of water sanitation, waste disposal, food hygiene, etc., in the hospital canteen/ pathya section/cafe/tertia	PrBL	CO2,CO6, CO 7,CO8	PO3,PO2,P O5,PO3,PO 4,PO9	KH	Level 2	Dr.Suma
P218	31/08/2024	SAT	11-1pm	Plan the dietary menu for different occupations / Activities, Age groups, and physiological conditions. (diet chart for 1-5 years child, 6-18 years, 18& above till 60 years, above 60 years, sedentary, sedentary intellectuals, night shifts , drivers, standing professionals. physiological	CBL	CO8	PO9	D	Level 3, 4	Dr.Naveen Monitored by Dr.AMP

conditions, ...
Ksheerada, Ksheerannada, Annada etc.,)

Class Distribution

NAME OF FACULTY	NUMBER OF CLASSES		
	LH - Theory	NLH	Practical
Dr. Ashok Patil	2	2	2
Dr. Sanjeev Tonni	3	1	4
Dr. Sandeep Sagare	2	0	4
Dr. Sidhi	1	1	6
Dr. Suma	2	0	7
Mrs. Rashmi	0	0	0
Total	10	4	23

HOB

Head of the Department

Department of Sushravan

Dr. S. M. Kankarawadi, Ayurveda
Mysore, Karnataka, Shajapur, Belagavi

UG Dean

30/7/24

Principal