

SHRI. B.M. KANKANAWADI AYURVEDA MAHAVIDYALAYA
A Constituent Unit of KAHER (Deemed-to-be-University)
Re-Accredited 'A+' Grade by NAAC (3rd Cycle) III, Placed in Category 'A' by MHRD (GoI)
Shahapur, BELAGAVI-590003 KARNATAKA

DEPT OF SWASTHAVRITTA

KLE-BMK/SWAST/2024-25/94

Unitized syllabus for II BAMS 2022 batch for the Month of AUGUST 2024

Date: 20-8-2024

THEORY TOPICS AUGUST-2024

SL. No	DATE	DAY	Time	TOPIC	TL method	Alignment with		Mile pyras mid D/SH/ KH/K	Blooms level	STAFF
						CO	PO			
T1	21/08/2024	WED	11pm-12pm	Define Swasthavrita and describe its objective.	L	CO1	PO1,PO2,P04,PO6,PO3	K	Level 1	Dr AMP
T2	23/08/2024	FRI	9am-10am	Describe and compare Swasthalakshanas Arogyalakshanas, Dhatusamyalakshanas.	L&PP T	CO1	PO1,PO2,P04,PO6,PO3	K	Level 2	Dr. Suma R
T163	26/08/2024	MON	11am-12am	Describe Concept of Health & Operational definition of health. Explain the Physical, Mental and Social dimensions of health.	L&G D	CO1	PO1,PO2,P04,PO6,PO3	KH	Level 2	Dr. SSS
T164	27/08/2024	TUE	10am-11am	Describe the Importance of Shodhana in Swastha in relation to Sanchita& Asanchitha Doshha & Classify Swastha purusha as Sanchitha dosha and Asanchitha Doshha.	L	CO1	PO1,PO2,P04,PO6,PO3	K, KH	Level 2	Dr SST
T165	28/08/2024	WED	11pm-12pm	Describe the objective component of well-being - standard of living and level of living and subjective component of well-being- Quality of Life. Explain one health concept / Vasudhaiva Kutumbakam" or "One Earth · One Family One Future"	L	CO1, CO2	PO1,PO2,P04,PO6,PO3	KH	Level 2	Dr AMP

T166	30/08/2024	FRI	9am-10am	Explain the importance of Ahara and Vihara as the health promotive and disease preventive measures. Describe the importance of Niyata kala vihara (Dinacharya, Ritucharya) and Aniyata kala Vihara (Vegadharana, Vegaudirana, Ritushodhana, Brunnhana and Bhutadi asparshana) for health promotion and disease prevention	L&PPT	CO1, CO2	PO1,PO2,P04,P06,PO3	KH	Level 2	Dr.Sidhi
------	------------	-----	----------	--	-------	----------	---------------------	----	---------	----------

PRACTICALS TOPICS – AUGUST 2024

SL. No	DATE	DAY	Time	TOPIC	TL method	Alignment with		Milestones pyramid D/SH/ KH/K	Blossom level	STAFF
						CO	PO			
P1	21/08/2024	WE D	2-4pm	Collect and Compare different Dantadhawana Churnas/ Tooth pastes available in the market and choose/ advise the appropriate one based on the need.	Pr BL	CO1	PO1,PO2,P04,P06	D	Level 3	Dr.SSS
P2	22/08/2024	THU	2-4pm	Collect and Compare different JivhanNirlekhana Yantra (Tongue cleaners) available in the local area/ market and choose/advise the appropriate one for swastha	Pr BL	CO1	PO1,PO2,P04,P06	D	Level 3	Dr.AMP
P3	23/08/2024	FRI	2-4pm	Collect different dravya/kashaya/mouthwashes available in the market for kavala and gandusha; demonstrate the procedure of kavala and gandusha with appropriate liquids /dravyas for swastha	Pr BL	CO1	PO1,PO2,P04,P06	D	Level 3	Dr.Sidhi
P4	26/08/2024	MO N	2-4pm	Collect different types of Anjana (Collyriums) available in the market, Demonstrate Anjana procedure as per local traditions and advise different types of Anjana for swastha.	PrBL	CO1	PO1,PO2,P04,P06	D	Level 3	Dr.SST
P5	27/08/2024	TUE	2-4pm	Demonstrate Pratimarsha Nasya with Anutaila/ Sesame oil and prescribe the appropriate taila for Pratimarsha Nasya for swastha.	PrBL, PT, D	CO1	PO1,PO2,P04,P06	D	Level 3	Dr.Suma

P6	28/08/2024	WE D	2-4pm	Demonstrate Prayogika Dhoomapana and advise prayogika dhoomapana dravya for swatha.	PrBl, PT, D	CO1	PO1,PO2,P O4,PO6	D	Level 3	Dr.SSS
P7	29/08/2024	THU	2-4pm	Demonstrate the procedure of Abhyanga techniques for full body abhyanga, padabhyanga and shiroabhyanga and prescribe suitable taila for Abhyana for Swatha.	PrBl, PT, D	CO1	PO1,PO2,P O4,PO6	D	Level 3	Dr.AMP
P8	30/08/2024	FRI	2-4pm	Demonstrate the procedure of Abhyanga techniques for full body abhyanga, padabhyanga and shiroabhyanga and prescribe suitable taila for Abhyana for Swatha.	PrBl, PT, D	CO1	PO1,PO2,P O4,PO6	D	Level 3	Dr.Sidhi

Class Distribution

NAME OF FACULTY	NUMBER OF CLASSES			
	LH - Theory	NLH	Practical	
Dr. Ashok Patil	2	0	2	
Dr. Sanjeev Tonni	1	0	1	
Dr. Sandeep Sagare	1	0	2	
Dr. Sidhi	1	0	2	
Dr. Suma	1	0	1	
Mrs. Rashmi	0	0	0	
Total	6	0	8	

HOD

Head of the Department
Department of Swasthavritta
KACHER'S SHRI B. M. KANKANAWADI AYURVEDA
Mahavidyalaya Shahapur Belagavi

UG Dean

Principal